



2023 ANNUAL REPORT

CONTENTS

VISION.....	1
MESSAGE FROM AUSTRALIAN SPORTS COMMISSION	2
MESSAGE FROM COMMONWEALTH GAMES AUSTRALIA.....	3
AWF COMMISSIONS.....	4
STATE MEMBERS	5
AWF WORKFORCE.....	6
BOARD OF DIRECTORS	6
PRESIDENT’S REPORT	7
CHIEF EXECUTIVE OFFICER REPORT	10
PERFORMANCE PATHWAY REPORT	12
TECHNICAL COMMISSION REPORT.....	14
NATIONAL MASTERS PANEL REPORT	15
2023 MEMBERSHIP FIGURES	16
HONOURS BOARD.....	19
NATIONAL RECORDS	21
INTERNATIONAL COMPETITIONS - AUSTRALIAN REPRESENTATIVES.....	28
AWF HALL OF FAME MEMBERS	31
AWF LIFE MEMBERS.....	31
STATE REPORTS	32
AUSTRALIAN CAPITAL TERRITORY	32
NEW SOUTH WALES	33
QUEENSLAND.....	34
SOUTH AUSTRALIA	36
2023 INTERNATIONAL TECHNICAL OFFICIAL APPOINTMENTS	37
INTERNATIONAL POSITIONS	38
INTERNATIONAL WEIGHTLIFTING FEDERATION (2022-2024)	38
COMMONWEALTH WEIGHTLIFTING FEDERATION (2022 – 2026)	38
OCEANIA WEIGHTLIFTING FEDERATION (2022 – 2024)	38
ACKNOWLEDGEMENTS AND THANKS	39

VISION

Weightlifting; everywhere, every sport, every medal



AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ACN 090 469 837

*Affiliated with International Weightlifting Federation,
Commonwealth Weightlifting Federation, Oceania Weightlifting Federation*

Member of Australian Olympic Committee, Commonwealth Games Australia

BOARD OF DIRECTORS

Chair/President

Mr Sam Coffa AM JP

Directors

Mrs Lilly Coffa
Ms Coral Quinell
Ms Rawena Tairi
Mrs Angela Wydall
Mr Boris Kayser (APPOINTED)
Mr Luke Borregine (APPOINTED)

Chief Executive Officer

Mr Ian Moir
Australian Weightlifting Federation Limited
The Arena, Sleeman Sports Complex
1763 Old Cleveland Road, Chandler QLD 4155 AUSTRALIA

Mob: +61 417 744 981
Email: imoir@awf.com.au ▪ Internet: www.awf.com.au



MESSAGE FROM AUSTRALIAN SPORTS COMMISSION

Sport has a place for everyone and delivers results that make Australia proud.

As we progress through this defining era in Australian sport, the Australian Sports Commission (ASC) is clear in our vision to lead and support the sector.

Our role is to provide opportunities for all communities to be involved in sport, while growing elite success and representation, inspiring future generations.

As the Australian Government agency responsible for supporting and investing in sport at all levels, we strive to increase involvement in sport and enable continued international sporting success.

We do this through leadership and development of a cohesive and effective sports sector, targeted financial support and the operation of the Australian Institute of Sport (AIS).

We play a unique role in the sport ecosystem and tackle the big challenges and opportunities with and for the sector.

We're proud to do so and through our vision, we aim to bring out the best in everyone involved in sport as we establish Australia as the world's best sporting nation.

Collectively, we've already made huge strides to set Australian sport up for success.

Australia's High Performance 2032+ Sport Strategy is an industry-wide approach to harness our collective strengths, talent and resources.

The strategy has a strong focus on Winning Well – balancing success and wellbeing and acknowledging that how we win is just as important as when we win.

Working hand in hand with this is the codesigned National Sport Participation Strategy which will transform the way participation is connected, delivered and supported in Australia.

The strategy will be the first of its kind in Australia and I'm looking forward to seeing the positive impact it has on the sector. The sporting strategies, programs and facilities we deliver now have the capacity to shape Australia's long-term prosperity, well beyond sporting boundaries.

This is a defining era for Australian sport. We are well into the Green and Gold decade to Brisbane 2032, and we are focused on building sustainable success for decades to come.



Meanwhile, it has been wonderful to see continued demand from sports to use the AIS facilities in Canberra to prepare for major events, at home and abroad.

As the national home of sport, we are proud of the role we play in supporting athletes, coaches and high performance staff to reach their potential and I look forward to seeing many of our athletes shine at the upcoming Paris 2024 Olympic and Paralympic Games and Milano Cortina 2026 Olympic and Paralympic Winter Games.

On behalf of the ASC, thank you to everyone who contributes to the sector as we work collectively to ensure every Australian sees a place for themselves in sport.

Josephine Sukkar AM
Chair

**GREEN
GOLD
GREAT**



Australia's success at the Commonwealth Games is built upon our ability to plan, invest and deliver.

That's why Commonwealth Games Australia is committing \$13 million to **Green2Gold2Great**.

Green2Gold2Great is an investment program that supports athletes and their sports in the race for medal winning outcomes at the Commonwealth Games.

It combines direct athlete support and performance initiative investment to make our target of a finish atop the medal tally a reality.

We're proud to partner with the Australian Weightlifting Federation, creating opportunities for athlete success on the global stage.



AWF COMMISSIONS

Interim High Performance Commission	Lilly Coffa (Chair), Luke Borreggine, Paul Coffa, Miles Wydall, Jay Saxton
Athlete Selectors	Lilly Coffa, John Zelenjak, Ian Moir
Team Support Personnel Selectors	Pedro Sanchez, Coral Quinell, Luke Borreginne, Ian Moir
Finance & Audit Commission	Pedro Sanchez (Chair), Sam Coffa, Ian Moir
Technical Commission	Pedro Sanchez (Chair), Sam Coffa, Rawena Tairi, Ian Moir
National Masters Panel	Coral Quinell (Chair), Linda Eades, Rohan Mason
Integrity Officer	Boris Kayser
Company Auditor	Louie Kortesis, MW Lomax
Company Secretary	Ian Moir

STATE MEMBERS

Weightlifting ACT	Grant Haines Mary Pekin	President Secretary
New South Wales Weightlifting Association	John Zelenjak Linda Eades	President Secretary
Northern Territory Weightlifting Association	Sean Parkes Jeremy Wong	President Secretary
Queensland Weightlifting Association	Jemma Cowper Debra Keelan	President General Manager
South Australian Weightlifting Association	Jamie Nguyen Jessica Edge	President Secretary
Victorian Weightlifting Association	Sofia Kranjec Eliza Brebner Griffin	President Secretary
Weightlifting Tasmania	Jacinta Keating Jack Saward	President Secretary
Weightlifting Western Australia	Andrew Saxton Jay Saxton	President Secretary



AWF WORKFORCE

In 2023, the Australian Weightlifting Federation employed one full time staff member: the CEO and contracted two Independent Service Suppliers and a Performance Pathway Manager.

Chief Executive Officer

Mr Ian Moir

Manager - Finance

Ms Danielle Waller

Manager – ICT & Education

Mr Bowen Stuart

Performance Pathway Manager

Mr Gregory Hobl

In accordance with good governance, the Independent Service Suppliers are managed by the Chief Executive Officer, who in turn reports to the Board of Directors, through the President. The Performance Pathway Manager reported to the Chief Executive Officer.

BOARD OF DIRECTORS

The AWF is governed by the Board of Directors, all Directors act in an honorary capacity. As per Article 13 of the AWF Constitution, the Board of Directors is as follows:

DIRECTORS:

- Mr Sam Coffa – Chair, Elected [Rotation concludes 2024 AGM]
- Mrs Angela Wydall, Elected [Rotation concludes 2023 AGM]
- Ms Rawena Tairi, Elected [Rotation concludes 2024 AGM]
- Mrs Lilly Coffa, Elected [Rotation concludes 2025 AGM]
- Ms Coral Quinell, Elected [Rotation concludes 2025 AGM]
- Mr Boris Kayser, Appointed [Appointment concludes 2024 AGM]
- Mr Luke Borreggine, Appointed [Appointment concludes 2025 AGM]

PRESIDENT'S REPORT

The year in review has been a strange mixture of success and failures for the Australian Weightlifting Federation (AWF) and I find it difficult to know where to begin, which of course the best place being at the beginning, when in November 2022, at the AGM, 4 females were elected to the Board of Directors. This was a telling demonstration of gender parity in the AWF, where females now outnumber males on the Board of Directors and overall participation in the sport is in almost equal proportions.

The year was also highlighted by the success of Eileen Cikamatana who won the first Bronze medal in the 81kg Category at the World Championships and including a Bronze in the clean and jerk. It is a long time ago when Australia succeeded to place an athlete in the Total, and we congratulate Eileen and her coach, Paul Coffa for these outstanding results.

High Performance

Referring to our High Performance, generally speaking, it has been a failure and as a result the funds appropriated for that purpose has been lost to the Federation. Naturally, action needed to be taken and action was taken by dismissing the High Performance Commission (HPC) and installing an Interim Commission, composed of Lilly Coffa, Chair, and Miles Wydell, Jay Saxton, Luke Borreggine and Paul Coffa. This group has started working at a furious pace in an endeavour to not only raise the standard of lifting in the country, but to also ignite the spirit of our Athletes and Coaches.

By any measure, we are not attributing the failure to the HPC, however quite a large sum of money was appropriated towards the program, not to mention the human endeavours, but the expected results did not materialise.

That said, I believe the AWF is still in good standing. With Ian Moir at the helm, we will finish the year not only in a healthy financial situation but also in a better position than the previous year. Ian has been able to work with the Australian Institute of Sport to have funding allocated towards the Performance Pathway Program to the tune of \$500,350. For this and all other exceptional work we congratulate and thank Ian.

Commonwealth Games Australia

Still speaking on the High Performance it was terrific to receive the news that CGA has appropriated \$203,832.00 for Weightlifting to support Green2Gold2Great projects in preparation for the next Commonwealth Games in 2026-2027. This is an investment in CGA's aim to be the number one nation in terms of Gold medals won, overall medals won, total number of medallists, and the number of sports winning medals at the Commonwealth Games.

This amount of money will be used for the purpose intended and we challenge our High Performance Commission and the Elite of Australian Weightlifters to dedicate themselves and make Australia, CGA and the AWF proud of their efforts.

These funds along with the AIS Performance Pathways investment just about amortised the lost general High Performance grant of previous years, which means our High Performance Program now has funds to operate with.

Administration

The formation of the Athletes Commission has now progressed to the point where at the current meeting we will be asking our Constituents States and Territories to give life to this project by changing the Constitution so that the Athletes Commission can be constituted.

The Constitution of the Athletes Commission is in draft form and will be presented for approval to the Board of Directors. From there, an appropriate place/event will be selected where our athletes can elect the members of the Commission which in turn will elect the Chairperson who will represent them as member of the Board of Directors of the AWF.

In my opinion this will be a tremendous step for the Sport in Australia.

Again, we must congratulate our CEO, Ian Moir, for the outstanding work he has and continues to do for the AWF. With assistance from Danielle Waller, Finance, and Bowen Stuart, IT, Ian displays loyalty and commitment to his task and the AWF is better for it.

Ian and I converse regularly and the affairs of the Federation are up to date and in superb conditions. Thank you, Ian.

Finance

As indicated earlier the funds received from the ASC and the CGA plus a further \$50,000 ASC funding for Technical Official development, has placed the AWF in a healthy financial situation, as highlighted in the Financial Report.

We sincerely thank our partners, the Australian Sports Commission, Australian Institute of Sport, Commonwealth Games Australia and the Australian Olympic Committee and once again congratulate and thank Ian Moir, our CEO, for the tremendous work he has done in presenting our case to them.

Membership

Our membership is on track to maintain similar numbers as 2022. However, there's a shift in the generational composition, with those under 15 moving into the youth category and the youth transitioning into the junior category. The senior age group continues to be the primary segment of our athlete membership, and masters numbers remain strong.

Masters

The success of the Masters program is largely attributed to Coral Quinell who works incessantly for this movement. Coral has also been very active in the promotion of the formation of an International Federation to further assist the growth of Masters worldwide.

Technical

Pedro Sanchez once again has been excellent in steering this program. The Technical Officials are very well served by Pedro, who keeps an eye on emerging Officials and leads them through the progressive pathway.

I commend his report to you for the details involved throughout the year.

Pedro has also developed a high profile within the IWF and is often asked to assist in many aspects of the international technical sector as well as been appointed on many occasions to assume the Presidency of the Jury.

We also congratulate him in being selected as a Technical Official for the 2024 Paris Olympic Games and I am very proud also to have been selected as Technical Coordinator and assistant to the Technical Delegates in Paris.

Information & Technology

Bowen Stuart is looking after this service in an extraordinary way managing our IT systems, technology, event management, coach education, and other operational areas of responsibility. Bowen also has a profile within the IWF and he is regularly asked to provide his services at World, Continental, Regional and National events.

International Weightlifting Federation

Over the last three years, but in particular since the last election, I have spent much time and many mid night hours attending zoom meetings, all dedicated to ensuring the sport of Weightlifting remains in the Olympic Games. It has been an extraordinary time in which the IWF has done everything possible and has concluded all that has been asked of us by the IOC and other authorities.

The IOC will meet on October 18-19 to decide our fate. I am optimistic about the future and I hope by the time we meet I will be able to share the news with you that Weightlifting remains within the Olympic Family.

Closure

In closing I think this year has been the case of reset and refocus after the Birmingham Commonwealth Games. We have now returned to a full program of National Championships since the torrid times of COVID which forced us to cancel or go online. Thank God for that.

I congratulate and thank the Board of Directors and everyone who has made a contribution towards the working of the Federation.

My special thanks on behalf of the Board of Directors to our Partners, the ASC, the AIS, the Australian Olympic Committee and Commonwealth Games Australia not just for the funding but also for the support and personal assistance we receive.

On a personal note, I would like to especially thank Ian Moir, Pedro Sanchez, Paul Coffa, Luke Borreggine and Boris Kayser for their friendship and support to me.



A handwritten signature in black ink, appearing to read 'S Coffa'.

Sam Coffa AM JP
President/Chairman

CHIEF EXECUTIVE OFFICER REPORT

Following the decision made by AIS Performance to only fund a Paris 2024 Medal Campaign for weightlifting, the AWF has taken a little time to find its feet. As stated at the last annual general meeting, we set our sights and our hopes on other Australian Sports Commission funding programs and looked to Commonwealth Games Australia and the Australian Olympic Committee for possible financial support.

I acknowledge the frustration of many members who may have felt that they were kept in the dark during this period, however until recently there wasn't much information to share.

The uncertainty of weightlifting's place in the Olympic Games beyond Paris 2024 didn't help our case, but that situation is now clear, and the IOC has confirmed weightlifting's inclusion in LA28. Similarly, the Victorian State Government's decision to withdraw from hosting the 2026 Commonwealth Games cast a shadow over Commonwealth Games Australia's plans to provide V2026 preparation funding to V2026 program sports.

However, I can now report the success of our representations to the AIS and ASC, resulting in funding support for Performance Pathway and Participation programs going forward into 2024. And although CGA is still trying to secure an Australian host for the next Commonwealth Games, they have confirmed their commitment to the Australian Commonwealth Games Team of 2026, or possibly 2027, by allocating \$13million to sports through the Green2Gold2Great program, from which weightlifting will receive just over \$203,000 in the period of December 2023 to October 2024.

I wish to thank the AIS Performance Pathways team: Jamie Salter, Elissa Morely and Kable Kelleway, and ASC Participation Advisor Michael Fox for their guidance and support. Also, Ian Rutledge, AIS Senior Performance Program Consultant.

I acknowledge and thank Craig Phillips and his team at CGA for their unwavering commitment to the Commonwealth Games and their continuing support and significant financial investment in Australian weightlifting.

Now that we know what we have to work with, we can move forward once again with the delivery of supported programs for Athletes, Coaches and Technical Officials. Which is not to say that nothing has happened in the meantime.

This past year saw the return of face-to-face competitions at all levels. The National Junior and Under 23 Championships, held in Townsville Qld, were well supported and I thank the Queensland Weightlifting Association and the Townsville Barbell Club for hosting a very successful event.

There's no doubting the enthusiasm of Australia's Masters lifters. The National Masters Championships attracted over 200 entrants again this year. The NSW Weightlifting Association did a tremendous job in hosting the event at Quaycentre in Sydney and I especially thank the NSWWA Secretary, Linda Eades, for her tireless effort.

The VWA hosted the 2023 National Senior Championships at the Victorian Weightlifting Stadium. It was a triumphant return to this purpose-built weightlifting facility for our pinnacle domestic event and 130 competitors took to the platform at Hawthorn over three days of competition.

As I write this report, Weightlifting Western Australia is preparing for the arrival 84 of Australia's youngest lifters for the National Under 15 and Youth Championships in the first week of November.

Live-streaming is now an integral part of AWF events and over the years, Bowen Stuart has steadily raised the production values of AWF webcasts and included various features to improve the viewers' engagement and enjoyment. With the addition of Brent Vaughan's live commentary, webcasts have become an important asset of the AWF and we recently held preliminary discussions with Channel Nine about the possibility of streaming Australian championships through their digital media services in the future.

On the international stage, AWF teams competed in World Youth Championships, World Senior Championships, Oceania U23 and Junior and Youth Championships, and Commonwealth Senior, Junior and Youth Championships. Preparations are well advanced for our teams competing at the upcoming World Junior Championships and the Pacific Games in November. This year's highlight was undoubtedly Eileen Cikamatana's podium finish at the World Championships. Competing in the 81kg category, Eileen won bronze medals in the Snatch and Total in Riyadh, reaching an important milestone in her campaign to stand on the podium at the Paris 2024 Olympic Games next year.

The AWF participated in the Oceania Weightlifting Federation's Premier League email tournament again this year and, with two rounds remaining, Australia is the only undefeated team in the competition, which almost guarantees a first place finish when the tournament concludes in December.

Underpinning the national and international competition program is a full calendar of state and local events held across the country. States and clubs delivered 108 weightlifting competitions since January 2023, offering ready access to high quality weightlifting experiences for participants of all levels.

Bowen Stuart continued to provide outstanding service to the AWF and to me in his roles of IT & Communications Manager and Coach Education Program Manager. For some time now the OWF has co-opted Bowen to work at Oceania Championships and his skills have also caught the attention of the IWF, leading to a call-up for the 2023 World Championships. I thank Bowen sincerely for his support and friendship. I also thank Danielle Waller, Finance Manager, for her diligence in attending to the AWF's accounts and financial reporting.

The AWF continues to work closely with Sport Integrity Australia to protect the integrity of weightlifting. The best protection against integrity threats is education and the AWF's anti-doping education plan, supported by SIA, ensures that competitors in national championships understand their obligation to compete fairly and to know the anti-doping rules and testing procedure. I thank SIA officers Hayley Turner, Diane Tucknott and Riley McGowan for their assistance in this vitally important area.

I wish to record my sincere thanks once again to AWF President Sam Coffa. Sam's drive and passion for weightlifting seems limitless. He spends many nights in IWF zoom meetings and then switches his attention to AWF matters without missing a beat.

In closing, I wish to express appreciation for the people who give this sport life. To the Directors and committee members of State Member Associations and clubs; to the coaches, technical officials and other volunteers; to the supporters, and to the athletes, I say "thank you" for your contribution to Australian weightlifting.

Ian Moir

Chief Executive Officer



PERFORMANCE PATHWAY REPORT

The Performance Pathway Program was initiated in November 2020 with the help of the Australian Institute of Sport which provided funding for the employment of a Performance Pathway Manager.

The AWF Pathway Manager was responsible for the development of an AWF Performance Pathway Squad as the first step on the AWF High Performance Program, catering for Youth age (under 17) lifters.

With additional funding obtained in 2021 through the Performance Pathways Solutions Grant, the AWF Pathway Program was able to expand in 2022 to encompass

- an extended Performance Pathway Squad Camp program
- international competition experience

supporting coaching development strategies through the participation of targeted coaches in Performance Pathway Squad training camps and the holding of specialised coach development workshops

AWF Pathway Squad No.5 was named for the first 6 months of 2023 and consisted of 12 athletes;

Kaiya Marsh (QLD)	Oliver Leng (VIC)	Isabella Lowe-King (VIC)
Sienna Lambert (QLD)	Alana Castle (QLD)	Natasha Lynch (QLD)
Levi Deans (QLD)	Peta Maile (NSW)	Saige Groves (QLD)
Grace Robinson (NSW)	Jack Lafferty (QLD)	Zoe Christie (QLD)

Ten members of this Pathway Squad were given their first taste of international experience when they took part in the 'Battle of the Bridge' competition held in Auckland, New Zealand in February 2023. The team were accompanied by three coaching staff; myself from QLD, and Vanessa Kerr and Madeline Wu, both from NSW. This competition experience was made possible by funding received in the 2021 Performance Pathways Solutions Grant. All the lifters performed admirably in their first ever international event with 8 of the 10 lifters producing a personal best result. Of note are the performances of the two lifters who produced new Australian records; Oliver Leng 67kg u/15 snatch – 89kg and Peta Maile 81+kg u/17 snatch 80kg.

This squad was also able to participate in an AIS camp from 08-11 June this year which proved once again to be very successful. Of special note was the fact that this was the second camp where two personal coaches attended and took part in training and education sessions, once again because of funding gained from the Performance Pathways Solutions Grant. The two personal coaches involved in this camp were Eugene Marsh (QLD) and Yannick Mifsud (NSW).

The sixth and current Pathway Squad commenced in July 2023 and is made up of the maximum 15 lifters;

Saige Groves (QLD)	Jack Lafferty (QLD)	Kaiya Marsh (QLD)
Tiago Hallen (ACT)	Alana Castle (QLD)	Tahlia Martin (VIC)
Natasha Bow (NSW)	Natasha Lynch (QLD)	Charlotte Goodwin (QLD)
Zoe Christie (QLD)	Lara Perry (NSW)	Amelie Uren (WA)
Sienna Lambert (QLD)	Isabel Grylls (VIC)	Holly Souter (QLD)

This squad will be participating in an AIS camp from 07-10 December of this year. Two more personal coaches will be able to attend the camp because of funding gained from the Pathway Solutions Grant.

The athletes will undertake a variety of experiences including:

- training twice a day in the AIS gym
- use of the AIS Recovery Centre
- AIS staff presentations on topics such as optimising training and goal setting.
- Sport Integrity Australia Anti-Doping Seminars

Because of our inability to hold Performance Pathway Program initiatives in the first half of 2022 due to COVID restrictions, funding for the Pathway Program is able to be extended. It is hoped that Coaching Workshops, also funded by the Pathway Solutions Grant, originally set down for 2021 and 2022 can be held in 2024.

It is significant to note that the current Pathway Squad is the first one in which there were more qualified athletes than the 15 member squad maximum. And it is highly likely that the same situation will occur in 2024. This is a sign that membership of the squad is highly sought after and competition for spots is fierce. One the Pathway Program's main goals, the earlier identification, development and progression of athletes as part of the AWF High Performance Pathway, has seen continued success with 9 athletes from the 2023 Pathway Squads improving their performances to the point where they are no longer eligible for Pathway Squad membership.

The current Pathway Squad will be revised at the end of 2023 and a new Squad created, to commence in 2024 for a 6 month period.

Greg Hobl

Performance Pathway Manager



TECHNICAL COMMISSION REPORT

Weightlifting is back on the program for the Los Angeles 2028 Olympics. Thanks are due here to the Leadership of the IWF and in particular the role that our President Sam Coffa has played in achieving this, firstly as Chairman of the IWF Technical Committee he has ensured that our Competitions at the highest level are executed with military precision and in a very professional manner, secondly as a member of the IWF Executive Board he has significantly influenced the new Constitution and some of the key decisions in the Anti-doping activities that has put the IWF in good stead with the IOC, leading to the positive result that we are back in the Los Angeles Olympic 2028 program. Thank you, Sam Coffa.

This year has been a significant year on the International Calendar, due the delay of the Tokyo 2020 Olympics to 2021 the qualification period for the Paris 2024 Olympic has been reduced by one year this has resulted in a number of qualifying events for the Paris 2024 Olympics being held this year. Australian has been well represented at these events, two of our Technical Officials Sam Coffa and Pedro Sanchez have been selected to officiate at the Paris 2024 Olympics.

During the year we started the process of defining the minimum requirements for a Sanctioned event for example platform, Barbells, Technical officials etc. This will be finalised next year.

With funding assistance from the Australian Sports Commission, we will be able to allocate resources to the upgrading of Technical Officials and an Officiating Conference in 2024.

Our National events calendar is back to normal and the opportunities for Promotion for our Technical Officials has increased significantly as can be seen from the table below.

Event	Name	State	Upgraded to
2022 Australian Senior Championships	Marc Mansour	VIC	IWF Cat 2
2022 Australian Senior Championships	Lyn Gotts	ACT	IWF Cat 2
2022 Australian Senior Championships	Lydia McCloskey	VIC	IWF Cat 2
2022 Australian Senior Championships	David Cheung	NSW	National
2022 Australian Senior Championships	Sukhwant Singh	NSW	National
2022 Australian Senior Championships	Katie Yilmaz	NSW	National
2022 Australian Senior Championships	Roman Kisselev	TAS	National
2023 Australian Junior & U23 Championships	Rohan Mason	VIC	IWF Cat 1
2023 Australian Junior & U23 Championships	Rohan Acland	QLD	National
2023 Australian Junior & U23 Championships	David Gilpatrick	QLD	National
2023 Australian Junior & U23 Championships	Sally Wells	QLD	National
2023 Australian Junior & U23 Championships	Nicole Swanson	QLD	National
2023 Australian Senior Championships	Jessica Edge	SA	IWF Cat 1
2023 Australian Senior Championships	Andy Huynh	VIC	IWF Cat 2
2023 Australian Senior Championships	Gerard Longley	ACT	IWF Cat 2
2023 Australian Senior Championships	Ju Yue	NSW	National
2023 Australian Senior Championships	Bernadette Kinnane	VIC	National
2023 Australian Senior Championships	Denese Billings	VIC	National



In closing I would like to thank my fellow Technical Commission members, Sam Coffa, Rawena Tairi, Ian Moir and Bowen Stuart for their contribution and support throughout the year.

Pedro Sanchez
Technical Commission Chair

NATIONAL MASTERS PANEL REPORT

What a year for masters weightlifting!

The separation of Masters from the IWF this year was the catalyst for the foundation of a new organisation: “United Masters Weightlifting Federation” (UMWF). With the backing of the Oceania and Commonwealth regions, a committee was set up to ensure the integrity and longevity of the Masters sector of our sport.

The UMWF has established new bodyweight categories and added an age group to encompass lifters in the 30-34 years bracket. This is to facilitate the transition more easily to Masters lifting and it has created enormous interest amongst lifters worldwide. The UMWF in a very short period has had membership registrations from the national federations of 26 countries and individual clubs. The USA is one of those countries that have come on board and as a result 15,000 Masters lifters from the USA alone – from 30 years of age onward –are now eligible to compete in the UMWF World Championships, Masters World Cup and other UMWF recognized international events.

All Masters events on the AWF calendar will run under the UMWF rules and regulations as from 1st January 2024 and apart from the bodyweight categories, UMWF events will stay closely aligned with the IWF Technical and Competition Rules & Regulations. An antidoping fee will be applied at all future national and international Masters competitions to ensure that testing is carried out and weightlifting is promoted as a clean sport at all levels.

The 2023 AWF Masters Championships was hosted by NSW at Sydney Olympic Park. This event attracted a record number of lifters, and the competition ran flawlessly on two platforms over three days. I attributed this to the fantastic organizing skills and dedication of the NSW committee and particularly the NSWWA Secretary, Linda Eades. In 2024 the AWF Masters Championships will be back at the Gold Coast, held in conjunction with the Oceania Masters Championships and UMWF Masters World Cup.

The AWF Masters Panel, consisting of Coral Quinell, Rohan Mason and Linda Eades, will continue to work closely with the AWF Board and staff as we strive to do the best that we can for the future of Masters weightlifting.

Coral Quinell

AWF Masters Chair



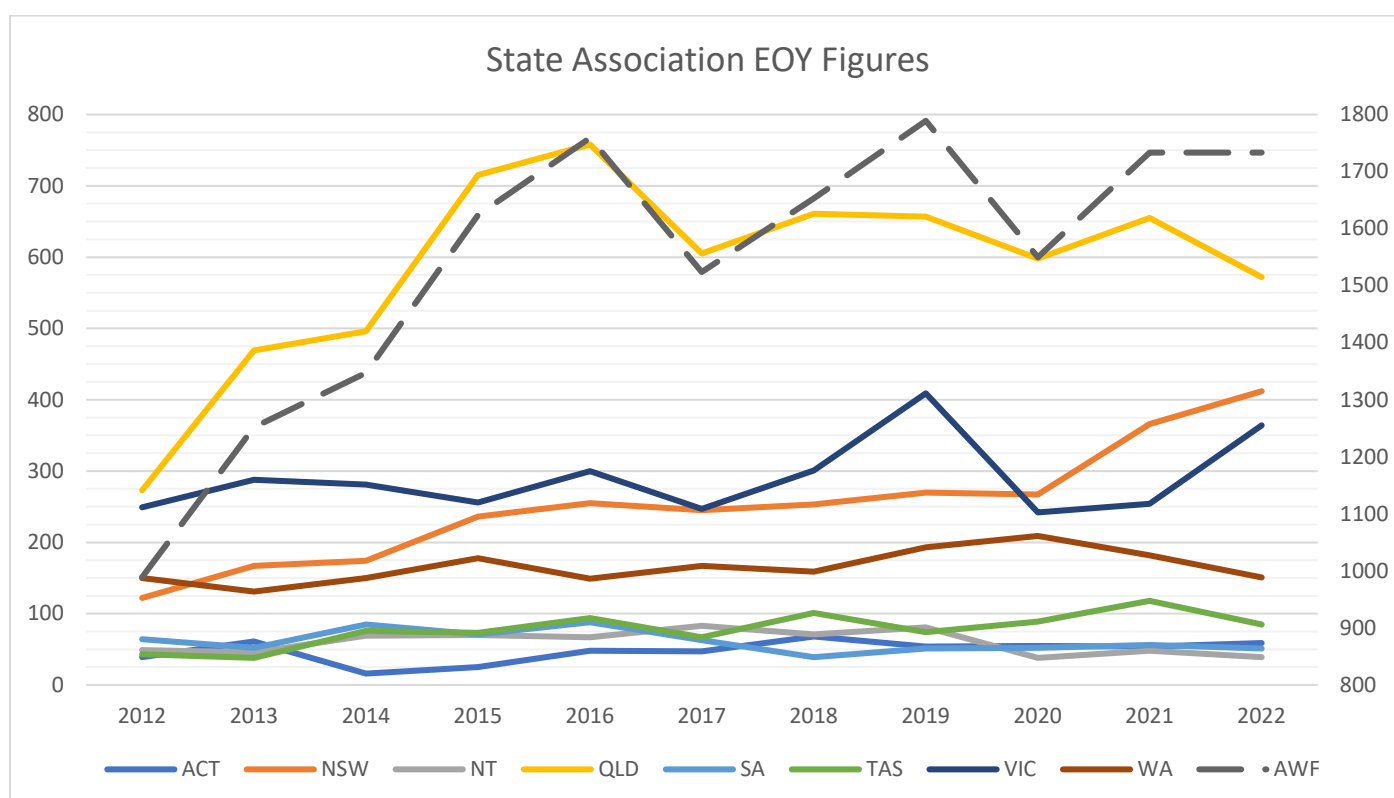
2023 MEMBERSHIP FIGURES

FIGURES ACCURATE AS OF 10:30 TUESDAY 17th OCTOBER 2023

FIGURES COMPARED AGAINST DATA AS OF 15:00 MONDAY 25th OCTOBER 2022

CAPITATION

	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total
2023	72	432	23	556	49	74	329	170	1705
	22%	5%	(41%)	(1%)	(4%)	(12%)	(9%)	14%	(1%)
% of AWF	4%	25%	1%	33%	3%	4%	19%	10%	100%



CLUBS

	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total
Clubs	9	39	3	29	2	10	27	15	134
	29%	(5%)	(50%)	(3%)		11%	(4%)	15%	(1%)
AVERAGE PEOPLE PER CLUB	7	11	13	20	26	9	13	10	13

TOP 10 BIGGEST CLUBS

Rank	State	Club	Membership
1	QLD	Cougars Weightlifting Club	66
2	QLD	Milton Weightlifting Club	62
3	NSW	HrdKAW Weightlifting Club	43
4	QLD	Ipswich Weightlifting Club	42
5	QLD	Burleigh Barbell Club	38
6	VIC	Phoenix Weightlifting Club	38
7	QLD	North Brisbane Weightlifting Association	34
9	NSW	Uplift Gym	32
9	NSW	Atletika Weightlifting	30
10	NSW	Burwood High Performance Weightlifting Club	30

BIGGEST CLUBS PER STATE MEMBER

State	Biggest Club
ACT	Strive Weightlifting Club
NSW	HrdKAW Weightlifting Club
NT	Alice Springs Weightlifting Club
QLD	Cougars Weightlifting Club
SA	Athletic Compound Weightlifting Club
TAS	Weightlifting Academy of Tasmania
VIC	Phoenix Weightlifting Club
WA	The Rev Barbell Club

AGE DISTRIBUTION (ATHLETES ONLY)

	Under 15	Youth	Junior	U23	Senior	Masters	Total
ACT	2	1	3	2	24	33	65
NSW	12	28	19	38	150	132	379
NT	2		2		7	10	21
QLD	74	39	32	36	158	172	511
SA	2	2	5	2	21	14	46
TAS	5	5	7	1	25	23	66
VIC	8	13	18	24	119	101	283
WA	15	10	14	11	48	44	142
Total	120 (2%)	98 18%	100 28%	114 (17%)	552 1%	529 (3%)	1513 10%

TECHNICAL OFFICIALS

	Club		State		National		IWF CAT II		IWF CAT I		Grand Total
	F	M	F	M	F	M	F	M	F	M	
ACT	3	1	2	6		1	1	1		1	16
NSW	20	12	9	26	2	5	1	4	2	1	82
NT	1	3					2				6
QLD	63	54	21	12	14	10	4	1	3	3	185
SA	4	5	2	6		2			1		20
TAS	4	3	3	5	2	4					21
VIC	7	15	11	12	2		1	3	2	7	60
WA	1	2	12	19	3	4	1	2	1	1	46
Grand Total	103	95	60	86	23	26	9	12	9	13	436

COACHES

	Club	State	National	National Sports Power	National Intern	Grand Total
ACT	13	6			1	20
NSW	137	20	8		10	175
NT	12	3			1	16
QLD	82	24	9		2	117
SA	11	2	1		1	15
TAS	15	6	1			22
VIC	68	19	3		1	91
WA	30	14	8	3	1	56
SGP		1	1			2
NZL	3	1				4
Grand Total	371	96	31	3	17	518

HONOURS BOARD

2022 IWF Championships

Eileen Cikamatana	F87	BRONZE MEDALLIST - SNATCH
Eileen Cikamatana	F87	BRONZE MEDALLIST – CLEAN & JERK
Eileen Cikamatana	F87	SILVER MEDALLIST - TOTAL

Commonwealth Youth Championships

Celine Huynh	F49	SILVER MEDALLIST
Chloe Perkins	F55	BRONZE MEDALLIST
Ashley Kolomoisky	F59	SILVER MEDALLIST
Chloe Saliba	F59	BRONZE MEDALLIST
Ayrton Risby	M73	BRONZE MEDALLIST
Lachlan Watt	M81	BRONZE MEDALLIST
Benjamin La Cunza-Watson	M89	GOLD MEDALLIST

Commonwealth Junior Championships

Nya Hayman	F64	SILVER MEDALLIST
Taiamoni Pakoti	F71	SILVER MEDALLIST
Essence Hunt	F76	SILVER MEDALLIST
Lachlan Watt	M81	BRONZE MEDALLIST
Taj Marsh	M89	SILVER MEDALLIST

Commonwealth Senior Championships

Chloe Perkins	F55	BRONZE MEDALLIST
Jacqueline Nichele	F71	BRONZE MEDALLIST
Essence Hunt	F76	GOLD MEDALLIST
Taj Marsh	M89	BRONZE MEDALLIST
Leon Vogeler-Schmid	M102	BRONZE MEDALLIST

2023 IWF Championships

Eileen Cikamatana	F87	BRONZE MEDALLIST – CLEAN & JERK
Eileen Cikamatana	F87	BRONZE MEDALLIST – TOTAL

Oceania Youth Championships

Chloe Saliba	F59	GOLD MEDALLIST
Ashley Kolomoisky	F59	SILVER MEDALLIST
Samantha Walker	F64	GOLD MEDALLIST
Sophie Daley	F64	SILVER MEDALLIST
Taiamoni Pakoti	F71	GOLD MEDALLIST
Ella McIntrye	F71	SILVER MEDALLIST
Skye Sriratana	F76	SILVER MEDALLIST
Deacon Mercieca	M67	SILVER MEDALLIST
Joshua Strange	M73	SILVER MEDALLIST
Ayrton Risby	M73	BRONZE MEDALLIST
Lachlan Watt	M81	SILVER MEDALLIST
Benjamin La Cunza-Watson	M89	SILVER MEDALLIST

Oceania Junior Championships

Samantha Walker	F64	GOLD MEDALLIST
Nya Hayman	F64	SILVER MEDALLIST
Maddison Power	F71	SILVER MEDALLIST
Essence Hunt	F76	SILVER MEDALLIST
Taj Marsh	M89	SILVER MEDALLIST
Noah Milford	M96	GOLD MEDALLIST
Jordan Wilson	M96	SILVER MEDALLIST

Oceania Under 23 Championships

Briony Challis	F64	GOLD MEDALLIST
Sabah Chamoun	F64	SILVER MEDALLIST
Maddison Power	F71	SILVER MEDALLIST
Jae Daly	F76	SILVER MEDALLIST
Macy Brockhurst	F81	GOLD MEDALLIST
Ricky Huang	M81	SILVER MEDALLIST
Michael Nides	M81	BRONZE MEDALLIST
Ryven Ewing	M89	GOLD MEDALLIST
Taj Marsh	M89	BRONZE MEDALLIST
Noah Milford	M96	GOLD MEDALLIST

NATIONAL RECORDS

A total of 200 Australian record claims have been registered on the AWF's result management system during the period 7th November 2022 – 17th October 2023.

NAME	STATE	BWT	AGE GROUP	LIFT	WEIGHT	DATE
Alana Castle	QLD	F76	Under 15	CJ	80	17.12.2022
Alana Castle	QLD	F76	Under 15	TOTAL	142	17.12.2022
Andrew Dodman	SA	M67	Mast 60-64	SNATCH	61	06.05.2023
Andrew Dodman	SA	M67	Mast 60-64	SNATCH	60	21.01.2023
Andrew Dodman	SA	M67	Mast 60-64	CJ	83	21.01.2023
Andrew Dodman	SA	M67	Mast 60-64	TOTAL	143	21.01.2023
Annabel Thomson	NSW	F81	Mast 35-39	SNATCH	81	20.11.2022
Annabel Thomson	NSW	F81	Mast 35-39	CJ	100	20.11.2022
Annabel Thomson	NSW	F81	Mast 35-39	TOTAL	181	20.11.2022
Annabel Thomson	NSW	F87	Mast 35-39	CJ	104	06.08.2023
Annabel Thomson	NSW	F87	Mast 35-39	TOTAL	186	06.08.2023
Ben Collins	VIC	M89	Mast 35-39	CJ	140	19.11.2022
Ben Mulder	SA	M96	Mast 45-49	SNATCH	128	03.03.2023
Ben Mulder	SA	M96	Mast 45-49	CJ	162	03.03.2023
Ben Mulder	SA	M96	Mast 45-49	TOTAL	290	03.03.2023
Bonnie Grylls-Graham	VIC	F64	Mast 40-44	SNATCH	75	19.11.2022
Brenna Kean	VIC	F59	Senior	TOTAL	194	10.02.2023
Bronwyn Hitchener	QLD	F81	Mast 60-64	SNATCH	51	11.03.2023
Bronwyn Hitchener	QLD	F81	Mast 60-64	CJ	60	11.03.2023
Bronwyn Hitchener	QLD	F81	Mast 60-64	TOTAL	111	11.03.2023
Celeste Van Coeverden	QLD	F55	Mast 35-39	CJ	80	03.03.2023
Celeste Van Coeverden	QLD	F55	Mast 35-39	TOTAL	143	03.03.2023
Celeste Van Coeverden	QLD	F55	Mast 35-39	SNATCH	64	18.11.2022
Celine Huynh	SA	F49	Youth	CJ	68	01.04.2023
Celine Huynh	SA	F49	Youth	TOTAL	125	01.04.2023
Celine Huynh	SA	F49	Youth	SNATCH	58	20.05.2023
Celine Huynh	SA	F49	Youth	CJ	69	20.05.2023
Celine Huynh	SA	F49	Youth	TOTAL	127	20.05.2023
Celine Huynh	SA	F49	Under 15	SNATCH	56	17.12.2022
Celine Huynh	SA	F49	Youth	SNATCH	56	17.12.2022
Celine Huynh	SA	F49	Under 15	CJ	67	17.12.2022
Celine Huynh	SA	F49	Youth	CJ	67	17.12.2022
Celine Huynh	SA	F49	Under 15	TOTAL	123	17.12.2022
Celine Huynh	SA	F49	Youth	TOTAL	123	17.12.2022
Celine Huynh	SA	F49	Youth	SNATCH	57	01.04.2023
Chris Ackland	VIC	M73	Mast 35-39	SNATCH	94	03.03.2023
Chris Ackland	VIC	M73	Mast 35-39	CJ	116	03.03.2023
Chris Ackland	VIC	M73	Mast 35-39	TOTAL	210	03.03.2023
Chris Ackland	VIC	M73	Mast 35-39	SNATCH	102	04.08.2023
Chris Ackland	VIC	M73	Mast 35-39	TOTAL	225	04.08.2023
Chris Parfitt	WA	M89	Mast 35-39	SNATCH	121	05.08.2023
Chris Parfitt	WA	M89	Mast 35-39	CJ	156	05.08.2023
Chris Parfitt	WA	M89	Mast 35-39	TOTAL	277	05.08.2023
Damien Hewish	VIC	M61	Mast 55-59	CJ	81	09.09.2023

NAME	STATE	BWT	AGE GROUP	LIFT	WEIGHT	DATE
Damien Hewish	VIC	M61	Mast 55-59	TOTAL	146	09.09.2023
Damien Hewish	VIC	M61	Mast 55-59	CJ	80	10.12.2022
Damien Hewish	VIC	M61	Mast 55-59	TOTAL	145	10.12.2022
Darren Shaw	NSW	M81	Mast 45-49	SNATCH	98	29.04.2023
Darren Shaw	NSW	M81	Mast 45-49	TOTAL	211	29.04.2023
David Gilpatrick	QLD	M73	Mast 35-39	SNATCH	96	29.04.2023
David Gilpatrick	QLD	M73	Mast 35-39	CJ	126	29.04.2023
David Gilpatrick	QLD	M73	Mast 35-39	TOTAL	222	29.04.2023
David Gilpatrick	QLD	M73	Mast 35-39	SNATCH	95	11.03.2023
David Gilpatrick	QLD	M73	Mast 35-39	SNATCH	100	20.05.2023
David Gilpatrick	QLD	M73	Mast 35-39	TOTAL	224	20.05.2023
Denese Billings	VIC	F45	Mast 65-69	SNATCH	34	03.03.2023
Denese Billings	VIC	F45	Mast 65-69	CJ	42	03.03.2023
Denese Billings	VIC	F45	Mast 65-69	TOTAL	76	03.03.2023
Derek D'Mellow	WA	M96	Mast 75-79	SNATCH	55	05.03.2023
Derek D'Mellow	WA	M96	Mast 75-79	CJ	85	05.03.2023
Derek D'Mellow	WA	M96	Mast 75-79	TOTAL	140	05.03.2023
Edward Mandla	NSW	M102	Mast 60-64	SNATCH	75	18.02.2023
Edward Mandla	NSW	M102	Mast 60-64	CJ	91	18.02.2023
Edward Mandla	NSW	M102	Mast 60-64	TOTAL	166	18.02.2023
Edward Mandla	NSW	M102	Mast 60-64	SNATCH	77	16.06.2023
Edward Mandla	NSW	M102	Mast 60-64	SNATCH	77	16.06.2023
Edward Mandla	NSW	M102	Mast 60-64	CJ	92	16.06.2023
Edward Mandla	NSW	M102	Mast 60-64	TOTAL	169	16.06.2023
Edward Mandla	NSW	M102	Mast 60-64	CJ	92	16.06.2023
Edward Mandla	NSW	M102	Mast 60-64	SNATCH	77	16.06.2023
Edward Mandla	NSW	M102	Mast 60-64	CJ	92	16.06.2023
Essence Hunt	VIC	F76	Junior	CJ	108	06.10.2023
Essence Hunt	VIC	F76	Junior	CJ	106	10.02.2023
Essence Hunt	VIC	F76	Junior	TOTAL	188	10.02.2023
Fatima Yakubu	NSW	F59	Senior	CJ	112	02.04.2023
George Stylianou	VIC	M102	Mast 60-64	SNATCH	83	29.07.2023
George Stylianou	VIC	M102	Mast 60-64	CJ	105	29.07.2023
George Stylianou	VIC	M102	Mast 60-64	TOTAL	188	29.07.2023
Georgia Farrow	WA	F55	U23	CJ	92	28.04.2023
Georgia Farrow	WA	F55	U23	TOTAL	163	28.04.2023
Halle Mifsud	QLD	F59	Senior	CJ	111	04.02.2023
Halle Mifsud	QLD	F59	U23	CJ	111	04.02.2023
Hrach Hovasapian	ACT	M73	Mast 75-79	SNATCH	35	05.03.2023
Hrach Hovasapian	ACT	M73	Mast 75-79	CJ	44	05.03.2023
Hrach Hovasapian	ACT	M73	Mast 75-79	TOTAL	79	05.03.2023
Indianna Wilson	NSW	F76	Under 15	SNATCH	63	04.12.2022
Indianna Wilson	NSW	F76	Under 15	SNATCH	70	22.07.2023
Isabel Grylls	VIC	F76	Under 15	CJ	82	29.07.2023
Isabel Grylls	VIC	F76	Under 15	TOTAL	146	29.07.2023
Jacqueline Nichele	NSW	F71	U23	CJ	122	14.07.2023
Jacqueline Nichele	NSW	F71	Senior	CJ	122	14.07.2023

NAME	STATE	BWT	AGE GROUP	LIFT	WEIGHT	DATE
Jacqueline Nichele	NSW	F71	U23	TOTAL	216	14.07.2023
Jacqueline Nichele	NSW	F71	U23	SNATCH	97	02.09.2023
Jacqueline Nichele	NSW	F71	U23	CJ	115	19.11.2022
Jacqueline Nichele	NSW	F71	U23	TOTAL	201	19.11.2022
Jacqueline Nichele	NSW	F71	U23	SNATCH	94	23.04.2023
Jacqueline Nichele	NSW	F71	U23	CJ	120	23.04.2023
Jacqueline Nichele	NSW	F71	U23	TOTAL	214	23.04.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	SNATCH	62	03.12.2022
Jacqui Honeywood	QLD	F64	Mast 45-49	CJ	78	03.12.2022
Jacqui Honeywood	QLD	F64	Mast 45-49	TOTAL	140	03.12.2022
Jacqui Honeywood	QLD	F64	Mast 45-49	CJ	80	03.03.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	TOTAL	143	03.03.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	SNATCH	68	16.06.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	SNATCH	68	16.06.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	CJ	85	16.06.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	TOTAL	153	16.06.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	CJ	85	16.06.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	SNATCH	63	21.01.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	CJ	79	21.01.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	TOTAL	142	21.01.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	SNATCH	68	16.06.2023
Jacqui Honeywood	QLD	F64	Mast 45-49	CJ	85	16.06.2023
Jason Ager	WA	M67	Senior	CJ	134	17.06.2023
Jo Mcewan	SA	F64	Mast 35-39	SNATCH	80	05.08.2023
Jo Mcewan	SA	F64	Mast 35-39	TOTAL	174	10.06.2023
Jo Mcewan	SA	F64	Mast 35-39	CJ	99	05.08.2023
Jo Mcewan	SA	F64	Mast 35-39	TOTAL	179	05.08.2023
Jo Mcewan	SA	F64	Mast 35-39	CJ	97	10.06.2023
Joanne Flesfadar	SA	F76	Mast 45-49	SNATCH	63	03.03.2023
Joanne Flesfadar	SA	F76	Mast 45-49	SNATCH	65	17.06.2023
Joanne Flesfadar	SA	F76	Mast 45-49	SNATCH	65	17.06.2023
Joanne Flesfadar	SA	F76	Mast 45-49	SNATCH	70	17.09.2023
Joanne Flesfadar	SA	F76	Mast 45-49	TOTAL	143	17.09.2023
Joanne Flesfadar	SA	F76	Mast 45-49	SNATCH	65	17.06.2023
Joe Vitacca	VIC	M102	Mast 65-69	SNATCH	65	03.03.2023
Joe Vitacca	VIC	M102	Mast 65-69	CJ	92	03.03.2023
Joe Vitacca	VIC	M102	Mast 65-69	TOTAL	157	03.03.2023
Joseph Vitacca	VIC	M102	Mast 65-69	SNATCH	70	16.06.2023
Joseph Vitacca	VIC	M102	Mast 65-69	TOTAL	160	16.06.2023
Joseph Vitacca	VIC	M102	Mast 65-69	SNATCH	70	16.06.2023
Joseph Vitacca	VIC	M102	Mast 65-69	SNATCH	70	16.06.2023
Joshua Strange	QLD	M67	Youth	CJ	130	27.03.2023
Joshua Strange	QLD	M67	Junior	CJ	130	27.03.2023
Joshua Strange	QLD	M67	U23	CJ	130	27.03.2023
Katrina Gini	NSW	F71	Mast 40-44	TOTAL	167	04.12.2022
Kiana Elliott	SA	F59	Senior	SNATCH	93	10.02.2023
Kiana Elliott	SA	F59	Senior	TOTAL	203	10.02.2023

NAME	STATE	BWT	AGE GROUP	LIFT	WEIGHT	DATE
Kyle Bruce	NSW	M89	Senior	SNATCH	150	19.11.2022
Kyle Bruce	NSW	M89	U23	SNATCH	150	19.11.2022
Laura Cruickshank	NSW	F71	Under 15	CJ	94	10.12.2022
Laura Cruickshank	NSW	F71	Under 15	TOTAL	169	10.12.2022
Laura Cruickshank	NSW	F71	Youth	SNATCH	81	23.04.2023
Leanne Knox	QLD	F71	Mast 50-54	SNATCH	62	03.03.2023
Leanne Knox	QLD	F71	Mast 50-54	CJ	82	03.03.2023
Leanne Knox	QLD	F71	Mast 50-54	TOTAL	144	03.03.2023
Leanne Knox	QLD	F71	Mast 50-54	SNATCH	65	16.06.2023
Leanne Knox	QLD	F71	Mast 50-54	TOTAL	146	16.06.2023
Leanne Knox	QLD	F71	Mast 50-54	SNATCH	65	16.06.2023
Leanne Knox	QLD	F71	Mast 50-54	SNATCH	65	16.06.2023
Leon Vogeler-Schmid	NSW	M102	U23	SNATCH	150	15.07.2023
Leon Vogeler-Schmid	NSW	M102	U23	CJ	183	15.07.2023
Leon Vogeler-Schmid	NSW	M102	U23	TOTAL	333	15.07.2023
Leon Vogeler-Schmid	NSW	M102	U23	SNATCH	146	23.04.2023
Leon Vogeler-Schmid	NSW	M102	U23	CJ	180	23.04.2023
Leon Vogeler-Schmid	NSW	M102	U23	TOTAL	326	23.04.2023
Leora Yates	VIC	F87	Mast 45-49	SNATCH	74	03.03.2023
Leora Yates	VIC	F87	Mast 45-49	CJ	91	03.03.2023
Leora Yates	VIC	F87	Mast 45-49	TOTAL	165	03.03.2023
Leora Yates	VIC	F87+	Mast 45-49	SNATCH	76	17.06.2023
Leora Yates	VIC	F87+	Mast 45-49	TOTAL	169	17.06.2023
Leora Yates	VIC	F87+	Mast 45-49	SNATCH	76	17.06.2023
Leora Yates	VIC	F87+	Mast 45-49	SNATCH	76	17.06.2023
Luke Gardner	QLD	M109+	Mast 35-39	CJ	173	03.03.2023
Luke Gardner	QLD	M109+	Mast 35-39	TOTAL	296	03.03.2023
Luke Gardner	QLD	M109+	Mast 35-39	TOTAL	297	18.06.2023
Maria Paradisis	VIC	F59	Mast 40-44	CJ	85	04.08.2023
Mary Macken	NSW	F49	Mast 60-64	SNATCH	41	15.06.2023
Mary Macken	NSW	F49	Mast 60-64	TOTAL	89	15.06.2023
Mary Macken	NSW	F49	Mast 60-64	SNATCH	43	20.08.2023
Mary Macken	NSW	F49	Mast 60-64	CJ	52	20.08.2023
Mary Macken	NSW	F49	Mast 60-64	TOTAL	95	20.08.2023
Mary Macken	NSW	F49	Mast 60-64	SNATCH	41	15.06.2023
Mary Macken	NSW	F49	Mast 60-64	SNATCH	41	15.06.2023
Mary Macken	NSW	F49	Mast 60-64	SNATCH	38	29.04.2023
Meg Emerton	QLD	F64	Mast 70-74	SNATCH	37	03.03.2023
Meg Emerton	QLD	F64	Mast 70-74	CJ	46	03.03.2023
Meg Emerton	QLD	F64	Mast 70-74	TOTAL	83	03.03.2023
Meg Emerton	QLD	F64	Mast 70-74	SNATCH	38	15.06.2023
Meg Emerton	QLD	F64	Mast 70-74	TOTAL	84	15.06.2023
Meg Emerton	QLD	F71	Mast 70-74	SNATCH	38	20.08.2023
Meg Emerton	QLD	F71	Mast 70-74	CJ	46	20.08.2023
Meg Emerton	QLD	F71	Mast 70-74	TOTAL	84	20.08.2023
Meg Emerton	QLD	F64	Mast 70-74	SNATCH	38	15.06.2023
Meg Emerton	QLD	F64	Mast 70-74	SNATCH	38	15.06.2023

NAME	STATE	BWT	AGE GROUP	LIFT	WEIGHT	DATE
Mena Aracri	WA	F49	Mast 35-39	SNATCH	60	17.06.2023
Mena Aracri	WA	F49	Mast 35-39	CJ	74	17.06.2023
Mena Aracri	WA	F49	Mast 35-39	TOTAL	134	17.06.2023
Michael Nides	QLD	M81	Junior	CJ	156	18.11.2022
Michael Nides	QLD	M81	Junior	TOTAL	272	18.11.2022
Milos Trnka	VIC	M89	Mast 80+	SNATCH	38	16.06.2023
Milos Trnka	VIC	M89	Mast 80+	CJ	47	16.06.2023
Milos Trnka	VIC	M89	Mast 80+	TOTAL	85	16.06.2023
Milos Trnka	VIC	M89	Mast 80+	CJ	47	16.06.2023
Milos Trnka	VIC	M89	Mast 80+	CJ	47	16.06.2023
Milos Trnka	VIC	M89	Mast 80+	SNATCH	38	16.06.2023
Milos Trnka	VIC	M89	Mast 80+	SNATCH	38	16.06.2023
Nicodemus Scheelings	VIC	M102	Mast 35-39	CJ	156	06.08.2023
Nicodemus Scheelings	VIC	M102	Mast 35-39	TOTAL	284	06.08.2023
Noah Milford	NSW	M96	Junior	CJ	176	18.02.2023
Noah Milford	NSW	M96	U23	CJ	176	18.02.2023
Noah Milford	NSW	M96	Junior	CJ	180	07.10.2023
Noah Milford	NSW	M96	U23	CJ	180	07.10.2023
Noah Milford	NSW	M102	Junior	SNATCH	134	10.02.2023
Noah Milford	NSW	M102	U23	SNATCH	134	10.02.2023
Noah Milford	NSW	M102	Junior	CJ	177	10.02.2023
Noah Milford	NSW	M102	U23	CJ	177	10.02.2023
Noah Milford	NSW	M102	Junior	TOTAL	311	10.02.2023
Noah Milford	NSW	M102	U23	TOTAL	311	10.02.2023
Nylah Goble-Lote	QLD	F76	Under 15	TOTAL	148	25.08.2023
Nylah Goble-Lote	QLD	F81	Under 15	SNATCH	60	07.05.2023
Nylah Goble-Lote	QLD	F81	Under 15	CJ	70	07.05.2023
Nylah Goble-Lote	QLD	F81	Under 15	TOTAL	130	07.05.2023
Oliver Leng	VIC	M73	Under 15	SNATCH	96	23.09.2023
Oliver Leng	VIC	M73	Under 15	CJ	123	23.09.2023
Oliver Leng	VIC	M73	Under 15	TOTAL	219	23.09.2023
Oliver Leng	VIC	M67	Under 15	SNATCH	89	18.02.2023
Oliver Leng	VIC	M67	Under 15	SNATCH	95	21.04.2023
Oliver Leng	VIC	M67	Under 15	CJ	118	21.04.2023
Oliver Leng	VIC	M67	Under 15	TOTAL	213	21.04.2023
Oliver Saxton	WA	M89	Junior	CJ	176	06.05.2023
Oliver Saxton	WA	M96	Junior	SNATCH	141	05.03.2023
Oliver Saxton	WA	M96	U23	SNATCH	141	05.03.2023
Oliver Saxton	WA	M96	Junior	CJ	177	05.03.2023
Oliver Saxton	WA	M96	U23	CJ	177	05.03.2023
Oliver Saxton	WA	M96	Junior	TOTAL	318	05.03.2023
Oliver Saxton	WA	M96	U23	TOTAL	318	05.03.2023
Oliver Saxton	WA	M89	Junior	SNATCH	143	11.12.2022
Oliver Saxton	WA	M89	Junior	TOTAL	318	11.12.2022
Oliver Saxton	WA	M89	Junior	CJ	180	17.06.2023
Oliver Saxton	WA	M89	Junior	TOTAL	320	17.06.2023
Oliver Saxton	WA	M89	Junior	SNATCH	145	05.08.2023

NAME	STATE	BWT	AGE GROUP	LIFT	WEIGHT	DATE
Oliver Saxton	WA	M89	Junior	TOTAL	325	05.08.2023
Olivia Kelly	QLD	F76	Senior	CJ	126	08.07.2023
Olivia Kelly	QLD	F76	Senior	TOTAL	221	08.07.2023
Peta Maile	NSW	F81+	Youth	SNATCH	80	18.02.2023
Petra De Ruyter	ACT	F71	Mast 60-64	SNATCH	45	03.03.2023
Petra De Ruyter	ACT	F71	Mast 60-64	CJ	63	03.03.2023
Petra De Ruyter	ACT	F71	Mast 60-64	TOTAL	108	03.03.2023
Petra De Ruyter	ACT	F71	Mast 60-64	SNATCH	51	15.06.2023
Petra De Ruyter	ACT	F71	Mast 60-64	TOTAL	111	15.06.2023
Petra De Ruyter	ACT	F71	Mast 60-64	SNATCH	51	15.06.2023
Petra De Ruyter	ACT	F71	Mast 60-64	SNATCH	51	15.06.2023
Phillip Christou	VIC	M109	Mast 50-54	SNATCH	106	03.03.2023
Rohan Mason	VIC	M81	Mast 75-79	CJ	63	03.03.2023
Rohan Mason	VIC	M81	Mast 75-79	TOTAL	111	03.03.2023
Russell Golding	SA	M109+	Mast 40-44	CJ	150	17.06.2023
Russell Golding	SA	M109+	Mast 40-44	CJ	150	17.06.2023
Russell Golding	SA	M109+	Mast 40-44	CJ	150	17.06.2023
Russell Golding	SA	M109+	Mast 40-44	CJ	151	17.09.2023
Russell Golding	SA	M109+	Mast 40-44	TOTAL	267	17.09.2023
Sam Thorne	QLD	M102	Senior	CJ	191	03.12.2022
Sam Thorne	QLD	M102	Senior	TOTAL	336	03.12.2022
Samantha Walker	WA	F64	Youth	SNATCH	84	05.10.2023
Samantha Walker	WA	F64	Junior	SNATCH	84	05.10.2023
Samantha Walker	WA	F71	Youth	SNATCH	83	17.09.2023
Samantha Walker	WA	F64	Under 15	SNATCH	82	11.12.2022
Samantha Walker	WA	F64	Youth	SNATCH	82	11.12.2022
Samantha Walker	WA	F64	Junior	SNATCH	82	11.12.2022
Samantha Walker	WA	F64	Under 15	TOTAL	170	11.12.2022
Samantha Walker	WA	F64	Under 15	SNATCH	80	19.11.2022
Samantha Walker	WA	F64	Under 15	TOTAL	165	19.11.2022
Sarah Cochrane	QLD	F71	Senior	SNATCH	101	20.05.2023
Sarah Cochrane	QLD	F71	Senior	TOTAL	221	20.05.2023
Scott Cameron	NSW	M81	Mast 45-49	SNATCH	90	29.04.2023
Sienna Lambert	QLD	F40	Under 15	SNATCH	43	17.12.2022
Sienna Lambert	QLD	F40	Youth	SNATCH	43	17.12.2022
Sienna Lambert	QLD	F40	Under 15	CJ	55	17.12.2022
Sienna Lambert	QLD	F40	Youth	CJ	55	17.12.2022
Sienna Lambert	QLD	F40	Under 15	TOTAL	98	17.12.2022
Sienna Lambert	QLD	F40	Youth	TOTAL	98	17.12.2022
Skye Sriratana	VIC	F76	Youth	SNATCH	73	06.10.2023
Skye Sriratana	VIC	F76	Youth	CJ	91	06.10.2023
Skye Sriratana	VIC	F76	Youth	TOTAL	164	06.10.2023
Stephen Craven	NSW	M109+	Mast 60-64	SNATCH	90	03.03.2023
Stephen Craven	NSW	M109+	Mast 60-64	CJ	110	03.03.2023
Stephen Craven	NSW	M109+	Mast 60-64	TOTAL	200	03.03.2023
Stephen Craven	NSW	M109+	Mast 60-64	CJ	117	14.10.2023
Stephen Craven	NSW	M109+	Mast 60-64	CJ	116	29.04.2023

NAME	STATE	BWT	AGE GROUP	LIFT	WEIGHT	DATE
Stephen Craven	NSW	M109+	Mast 60-64	TOTAL	201	29.04.2023
Stephen Johnstone	QLD	M109	Mast 65-69	SNATCH	66	29.04.2023
Stephen Johnstone	QLD	M109	Mast 65-69	CJ	75	29.04.2023
Stephen Johnstone	QLD	M109	Mast 65-69	TOTAL	141	29.04.2023
Steven Graham	QLD	M73	Mast 50-54	CJ	105	03.03.2023
Steven Graham	QLD	M73	Mast 50-54	TOTAL	183	03.03.2023
Steven Graham	QLD	M73	Mast 50-54	CJ	113	16.06.2023
Steven Graham	QLD	M73	Mast 50-54	TOTAL	187	16.06.2023
Steven Graham	QLD	M73	Mast 50-54	CJ	113	16.06.2023
Steven Graham	QLD	M73	Mast 50-54	CJ	113	16.06.2023
Taiamoni Pakoti	NSW	F71	Under 15	SNATCH	75	04.12.2022
Taiamoni Pakoti	NSW	F71	Under 15	CJ	92	04.12.2022
Taiamoni Pakoti	NSW	F71	Under 15	TOTAL	167	04.12.2022
Taiamoni Pakoti	NSW	F71	Youth	CJ	101	23.04.2023
Tori Gallegos	QLD	F59	Junior	CJ	107	17.12.2022
Tori Gallegos	QLD	F64	Junior	SNATCH	83	15.04.2023
Troy Hawkins	VIC	M89	Mast 35-39	SNATCH	120	05.08.2023
Troy Hawkins	VIC	M89	Mast 35-39	CJ	145	05.08.2023
Troy Hawkins	VIC	M89	Mast 35-39	TOTAL	265	05.08.2023

INTERNATIONAL COMPETITIONS - AUSTRALIAN REPRESENTATIVES

2022 IWF WORLD CHAMPIONSHIPS					
NAME	BWT	SN	CJ	TOTAL	STATE
Halle Mifsud	F59	80	104	184	QLD
Brenna Kean	F59	83	104	187	VIC
Kiana Elliott	F64	95	111	206	SA
Sarah Cochrane	F64	98	113	211	QLD
Olivia Kelly	F76	94	119	213	QLD
Eileen Cikamatana	F87	109	140	249	VIC
Angela Wydall – Coach					
Paul Coffa – Paris 2024 Campaign Coach					

BATTLE OF THE BRIDGE					
NAME	BWT	SN	CJ	TOTAL	STATE
Isabella Lowe King	F49	49	57	106	VIC
Zoe Christie	F55	49	60	109	QLD
Grace Robinson	F64	56	75	131	NSW
Kaiya Ngahina Marsh	F71	62	76	138	QLD
Natasha Lynch	F71	60	79	139	QLD
Alana Castle	F76	61	78	139	QLD
Peta Maile	F87+	80	85	165	NSW
Levi Deans	M67	83	99	182	QLD
Oliver Leng	M67	89	109	198	VIC
Jack Lafferty	M89	92	119	211	QLD
Greg Hobl – Senior Coach					
Vanessa Kerr – Coach					
Madeline Wu – Coach					

IWF YOUTH WORLD CHAMPIONSHIPS					
NAME	BWT	SN	CJ	TOTAL	STATE
Chloe Perkins	F55	66	84	150	QLD
Chloe Saliba	F59	63	87	150	QLD
Laura Cruickshank	F71	75	91	166	NSW
Taiamoni Pakoti	F71	72	99	171	NSW
Josh Strange	M67	95	130	225	QLD
Lachlan Watt	M81	102	120	222	QLD
Troy Smith – Senior Coach					
Madeline Wu - Coach					

COMMONWEALTH CHAMPIONSHIPS					
NAME	BWT	SN	CJ	TOTAL	STATE
Celine Huynh	F49	53	66	119	SA
Chloe Perkins	F55	66	86	152	QLD
Natalya Ghetto	F55	64	71	135	NSW
Ashley Kolomoisky	F59	67	87	154	VIC
Chloe Saliba	F59	67	84	151	QLD
Natalie Setiadji	F59	0	0	0	NSW
Nya Hayman	F64	78	95	173	QLD
Jacqueline Nichele	F71	94	122	216	NSW
Taiamoni Pakoti	F71	78	101	179	NSW
Essence Hunt	F76	77	100	177	VIC
Ayrton Risby	M73	92	125	217	QLD
Lachlan Watt	M81	110	130	240	QLD
Taj Marsh	M89	127	161	288	QLD
Benjamin La Cunza-Watson	M89	115	142	257	WA
Leon Vogeler-Schmid	M102	150	183	333	NSW
Jay Saxton – Manager & Coach					
Miles Wydall – Coach					
Andrew Saxton – Coach					
Madeline Wu – Coach					

IWF WORLD CHAMPIONSHIPS					
NAME	BWT	SN	CJ	TOTAL	STATE
Brenna Kean	F59	81	104	185	VIC
Darcy Kay	F64	86	110	196	QLD
Kiana Elliott	F64	0	0	0	SA
Jacqueline Nichele	F71	97	0	0	NSW
Sarah Cochrane	F71	94	0	0	QLD
Eileen Cikamatana	F81	110	146	256	VIC
Oliver Saxton	M89	145	180	325	WA
Kyle Bruce	M89	0	0	0	NSW
Jackson Roberts-Young	M109	144	194	338	NSW
Angela Wydall – Senior Coach					
Greg Hobl – Manager & Coach					
Vanessa Kerr – Coach					
Paul Coffa – Paris 2024 Campaign Coach					

OCEANIA YOUTH, JUNIOR & UNDER 23 CHAMPIONSHIPS					
NAME	BWT	SN	CJ	TOTAL	STATE
Natalya Ghetto	F55	62	70	132	NSW
Juliana Ghetto	F55	0	0	0	NSW
Chloe Saliba	F59	68	92	160	QLD
Ashley Kolomoisky	F59	65	84	149	VIC
Briony Challis	F64	79	104	183	QLD
Sabah Chamoun	F64	77	97	174	NSW
Samantha Walker	F64	84	90	174	WA
Nya Hayman	F64	75	95	170	QLD
Sophie Daley	F64	66	79	145	QLD
Maddison Power	F71	82	103	185	QLD
Layla Bloom	F71	75	103	178	VIC
Taiamoni Pakoti	F71	77	99	176	NSW
Ella McIntyre	F71	75	98	173	QLD
Jae Daly	F76	90	107	197	NSW
Essence Hunt	F76	80	108	188	VIC
Skye Sriratana	F76	73	91	164	VIC
Macy Brockhurst	F81	91	108	199	QLD
Deacon Mercieca	M67	93	115	208	NSW
Josh Strange	M73	100	131	231	QLD
Ayrton Risby	M73	101	128	229	QLD
Ricky Huang	M81	118	150	268	NSW
Michael Nides	M81	119	148	267	QLD
Lachlan Watt	M81	105	123	228	QLD
Ryven Ewing	M89	138	166	304	QLD
Taj Marsh	M89	132	162	294	QLD
Noah Milford	M96	136	180	316	NSW
Jordan Wilson	M96	130	168	298	QLD
Michael Pileggi – Manager					
Jay Saxton – Senior Coach					
Bryce Knight – Coach					
Caity Haniver – Coach					
Joshua Wu – Coach					

AWF HALL OF FAME MEMBERS

INDUCTED 2010

- | | |
|--------------------------------------|-----|
| • Verdi (Vern) BARBERIS † | VIC |
| • Mr Nick CIANCIO | VIC |
| • Joseph (Joe) HENSEL † | NSW |
| • Dinko (Dean) LUKIN | SA |
| • Harold MacBAIN † | VIC |
| • Mr Leslie (Les) MARTYN MBE, KCSJ † | VIC |

INDUCTED 2013

- | | |
|-----------------------------------|-----|
| • Mrs Deborah ACASON (nee Lovely) | QLD |
| • Mr Salvatore (Sam) COFFA AM | VIC |
| • Mr George VASILIADES | NSW |

INDUCTED 2015

- | | |
|--------------------------|-----|
| • Ms Debra KEELAN | QLD |
| • Mr Robert (Bob) TAYLOR | NSW |



AWF LIFE MEMBERS

- | | |
|-----------------------------------|-----|
| • Verdi (Vern) BARBERIS † | VIC |
| • Luke BORREGGINE | NSW |
| • Ralph CASHMAN | NSW |
| • Paolo (Paul) COFFA MBE | VIC |
| • Salvatore (Sam) COFFA AM | VIC |
| • Darryl COHEN † | VIC |
| • Alby DUTTON † | VIC |
| • Larry GARTENSTEIN | NSW |
| • Edward (Ted) HANLON † | VIC |
| • Joseph (Joe) HENSEL † | NSW |
| • Lynden (Lyn) JONES | NSW |
| • Walter Francis (Frank) LAMP † | WA |
| • Dinko (Dean) LUKIN | SA |
| • Harold MacBAIN † | VIC |
| • Bryan MARSDEN † | NSW |
| • Leslie (Les) MARTYN MBE, KCSJ † | VIC |
| • Max RYAN | VIC |
| • Ernest (Ern) SANDGREN † | NSW |
| • Thomas (Tom) WIGLEY † | SA |

STATE REPORTS

AUSTRALIAN CAPITAL TERRITORY

Growth in membership, growth in the number of novice lifters and growth in the number of competitors during 2023 has been a major outcome for Weightlifting ACT. WACT recorded 72 members at the end of September, as compared to a total of 54 members in 2022.

During 2023 WACT conducted six competitions, at our prime venue in Canberra, SFS Crossfit in Hume. At our two novice competitions, we welcomed 21 novice lifters and 38 lifters competed in the ACT State titles in September. These numbers are the largest we have ever had and reflect the enthusiasm, support and good will that is generated at our competitions.

WACT has introduced Best and Fairest awards (male and female) and a Citizenship award to complement our lifting awards. We have had a marvellous response again from volunteers in 2023, with all positions at competitions being easily, positively, and willingly resourced.

Another achievement for WACT in 2023 has been to plan and begin the development of our high-performance squad and coaches team. Our President, Grant Haines, was invited to attend the High-Performance development training camp in Samoa in October 2023, and will bring this experience into the development of the WACT High Performance training group. The coaches group have commenced work with individual coaches to support athletes at national competitions and to build the systems needed to support athletes.

To ensure we continue to consult our members about their needs and vision for weightlifting in the ACT, the WACT Committee has consulted widely with members in the development of WACT 's inaugural Strategic Plan. Their feedback will inform our way forward and we are excited to launch this Plan before the end of 2023.

WACT is very proud of our new website which is making it easier for our members to access information, participate in WACT and AWF activities, and to purchase merchandise from our on-line shop.

WACT is now supported by 9 lifting clubs in the ACT: RealFITT Strength and Conditioning, Crossfit 2600, Strive Weightlifting Canberra, Three Flow Weightlifting Canberra, H&T Training Canberra, CFCBR Barbell Canberra, Asylum Barbell Canberra. We welcomed two new clubs in 2023: Canberra Cats and Trinity.

WACT congratulates three of our Technical Officials who continue to extend their qualifications, one achieving State level qualification and two achieving international level qualifications.

Our presence at national events has grown this year. WACT is proud to have had athletes qualify for AWF National competitions in the Youth, Junior and Under 23, Senior and Master's competitions. Two lifters will be travelling to Perth in November for the Youth and Under 15 national competition. We had three athletes compete in the Junior and Under 23 national competition in Townsville, thirteen athletes competed in Sydney for the national Masters event, and four athletes competed in the national Senior championships in Melbourne.

In 2024, WACT is looking forward to continuing to grow the enthusiasm that is building at every competition and provide members with whatever they are seeking by participation in this sport.

NEW SOUTH WALES

The 2022-2023 year continued to be a time of consolidation for the sport of Weightlifting in New South Wales.

With over 400 members and 40+ clubs, membership is continuing to be strong with well considered growth and very positive renewal figures. NSW now proudly boasts some of the largest clubs in Australia and we are very excited about the future of our sport in the state.

In late 2022 an electoral AGM was held with a number of new directors welcomed to the NSW Board. Special thanks must be made to former President Mary Macken and former Treasurer and CEO Luke Borreggine, both of whom have been dedicated and loyal servants of NSWWA for a long period of time. We thank them for their outstanding contribution to the sport and wish them well in their future endeavours.

New South Wales has enjoyed a strong performance in the past year on the national and representative stages with many shields, national championships and international medals won. This is a reflection of the fantastic culture developed by club owners and head coaches in New South Wales and we recognise those custodians of the sport for introducing and growing first time lifters into champions. We also thank the AWF and their sponsors for their support of our international representative athletes when they travel to represent our great nation.

New South Wales has had increasing success at national championships and we must acknowledge our High Performance Coaching Team led by NSW Head Coach Pete Upham for their amazing dedication, professionalism, teamwork and communication. Subsequently, we have had a number of coaches be appointed to international teams. We recognise Troy Smith, Vanessa Kerr, Josh Wu and Maddi Wu for representing their country as coaches and thank the AWF for their support of our team support personnel for the opportunity, the funding and the mentoring and knowledge.

We are very lucky to have strong depth in our Technical Official ranks courtesy of our hard-working Secretary, Linda Eades. Numerous club and state referee courses are run throughout the year and we see many NSW technical officials at national competitions filling numerous roles as well as seeking upgrades in their qualification.

With strong numbers of athletes, clubs, coaches and technical officials the sport of Weightlifting is thriving in New South Wales and together we will continue to prosper.

Thank you to the AWF Board of Directors and to AWF CEO Ian Moir for his tremendous work for the weightlifting community in Australia.

QUEENSLAND

The Queensland Weightlifting Association wishes to publicly acknowledge the continuing financial support of the Queensland Government. Queensland Government support has allowed the QWA to deliver Participation & Development activities across several core focus areas in our efforts to grow the sport in Queensland. Principally, Recruitment, Coach and Technical Official Development along with a newly funded area of Member Wellbeing.

Governance & Compliance:

A very productive team served the QWA Community on the 2023 Management Committee: Jemma Cowper (President), Leanne Knox (Vice-President), Sonia Stenhouse (Secretary), Amie Cox (Treasurer), Fraser Harrison (AAG chair), Michael Keelan, Callum Hannay, and Scott Mark (Ordinary members). Noting that the QWA met Gender Equity goals with four females and four males.

All members of both the QWA Management Committee and the Athlete Advisory Group have been encouraged to undertake Governance Awareness training, with 30% having completed this to date.

To ensure Child Safety the QWA actively promotes and monitors Blue Card compliance.

Events:

Queensland's calendar of events continues to be robust giving ample participation opportunities from Club through to State level. Primary reasons for people choosing to obtain a membership with the QWA is their wish to participate in endorsed competitions. Thank you to the AWF for its excellent record keeping system accessible by all members through the AWF website.

To start off the year the State Junior & U23's was held in Brisbane (Cougars Weightlifting Club); followed by All Schools at Gold Coast (Burleigh Barbell Club), State Seniors in Townsville (Thunder Barbell Club), State U13, U15 & Youth Championships in Ipswich (Ipswich Weightlifting Club) and the State Masters combined with Oly in the Outback to be held in Miles South-west Queensland in December (Saints Weightlifting Club).

The NQ Open was run in Mackay with smaller participation than in previous years. A meeting with the NQ representatives determined that in future the NQ Open will be run in conjunction with the NQ Games a biennial multi-sport event to encourage greater participation, and also give lifters the opportunity to gain additional competition experience away from their home clubs. The NQ Games will run in Cairns in 2024.

Sincere thanks to our sponsors: Physique Science funding prize money for the very successful Club Challenge Rounds; and product sponsors - by Amelia Rose and Boks Bacon.

Workforce:

Queensland continues to employ just the one person at .4 FTE.

Our volunteer workforce of coaches, team leaders, technical officials, members of the MC and AAG make up the deficit of employee hours to ensure that Queensland continues to thrive.

Brent Vaughan provided live-streaming so that all members could watch our variously aged State Age-group Championships in real time; and were also able to secure professional quality recordings of their lifts.

Sincere thanks to Tara from By Star Creative for managing our socials in such a professional manner; and Angela Wydall for her behind the scenes work on the QWA website and its functionalities; Megan Stevens of Megan Stevens Bookkeeping) for her invaluable oversight of the financial practices of the organisation.

Thank you to Peter Lynskey SMA Accredited for First Aid cover for our events.

Participation:

All AWF National teams again featured Queenslanders as athletes, coaches, and team managers.

Squad training was delivered across all age-groups for athletes preparing to compete at National Championships, with sessions for all groups organised. Master, U15 & Youth, Junior & U23 and Seniors. All hosted by Cougars Weightlifting Club in Brisbane.

The AWF Pathway squad continues to be valuable in promoting high performance and encouraging retention of our up-and-coming lifters with several Queenslanders attending camps at the AIS and competing at the Battle of the Bridge in NZ

The QWA Club Challenge competition program's final event for 2023 is fast approaching. Prize money provided by Physique Science will go to the top male & female athletes in all age-groups, and the perpetual trophy and prize money going to the Club winner and runners up.

Thank you to our competition product sponsors:

By Amelia Rose and Boks Pure Bacon.

Initiatives:

The Athlete Advisory Group is now firmly imbedded in the activities of the QWA. In 2023 we saw the numbers of the group rise to eight (8).

The QWA recognises the importance of having well qualified Technical Officials in sufficient number to support many events in Queensland. A strong motivation for people taking up the sport is the element of competition. Without a robust, active TO workforce, competitions would not be possible. The QWA invests significant finances to maintain and grow the TO workforce. Of note, Julie Davis successfully upgraded to International Category 1 referee.

Wellbeing project: Primarily, Fraser Harrison has been surveying the athletes and coaches of our QLD representative squads of all ages, on their skills, knowledge and attitude toward wellbeing and mental health, and their perceived impact on performance. Survey and conversation results will be utilised to determine several key data points which will guide an organisational definition of wellbeing, and the dimensions of a practical wellbeing model. Both will serve as guiding principles of state-base wellbeing initiatives to develop fundamental wellbeing skills and supports to move toward "Everybody better, stronger together."

Additionally, collaboration has begun with external partners, Whitecloud Foundation and iNSPIRETEK. Our partnership with White Cloud Foundation will see all QWA members and their families now have access to a state-wide, free, multi-disciplinary mental healthcare service. Facilitated by the Queensland Government we are also piloting a Wellness Management System, by iNSPIRETEK, with members of our AAG and select coaches and clubs trialing the platform. This platform allows athletes to input daily wellness information, including nutrition, sleep, stress, mood, and soreness, providing data to support the immediate and long-term decision-making between athlete and coach. This platform doubles as a Learning Management System, enabling athletes to access to wellness content on sleep, nutrition, and stress management with some automatically assigned based on athlete wellness input. This ensures athletes can access a range of information, however, content which is specific to their needs is also prioritised. It is intended that such a system be rolled out to the entire membership, starting with our state squad athletes and coaches, before opening to clubs and members generally.

With the financial support of the Queensland Government the QWA was able to host a Club Development Workshop for its Management Committee, Athlete Advisory Group and affiliated Clubs.

Content covered in the days workshop included:

QWA Wellbeing project overview; Volunteering; Insurance and Incorporation.

22 QWA members attended with club representatives coming to Brisbane from Cairns, Townsville, Mackay, Proserpine, Fraser Coast down to Gold Coast, out to Miles and Toowoomba in the west and of course locals from Brisbane.

It proved to be a very successful educational and networking opportunity for our members with 2 clubs now newly incorporated.

SOUTH AUSTRALIA

SAWLA maintained a self-functioning board for the last 3 years. A notable event was State Championships with SAWLA holding the largest State Championships in approximately 15 years. We also saw the revival of the Rodney Hutton Memorial Cup in over 10 years.

We continue to abide by slow and steady wins the race focusing on productivity and accountability. This has been proving progressive and has enabled us to improve our reputation.

The following members make up the current SAWLA board: President - Jamie Nguyen, Vice President - Andrew Dodman, Secretary - Carmelita Varelas, Treasurer - Anthony Formichella, Directors - Arjun Tohki, Martin Harlowe and myself, Jessica Edge. This board has been dedicated and it has been encouraging to have members actively involved with positive growth and progress.

SAWLA's aim for the next twelve months is to keep forging ahead, increase participation with club affiliation, and improve our relationship with our members. While we have seen an increase in volunteer participation it will always be welcome to see new support to assist existing support.

Attending Nationals recently was a testament to our improving reputation and performance with 8 lifters under our banner. The number of AWF members I was personally approached by to commend our State's performance was pleasing and proves we are on track making me proud to be an administrator for our great sport in our great state.

SAWLA has also steadily been increasing the number of Technical Officials to ensure competitions are conducted at a professional standard. Further education and experience are paramount, and we seek to actively provide this opportunity for all members. Most recently I upgraded to International Category 1 Technical Official and will be officiating at the 2023 Junior World Championships in Mexico.

Jessica Edge
Director - SAWLA

2023 INTERNATIONAL TECHNICAL OFFICIAL APPOINTMENTS

IWF YOUTH WORLD CHAMPIONSHIPS

Sam Coffa – Technical Delegate

IWF GRAND PRIX I

Sam Coffa – Technical Delegate

Pedro Sanchez

COMMONWEALTH CHAMPIONSHIPS

Sam Coffa – Technical Delegate

PARIS 2024 TEST EVENT

Sam Coffa – Technical Delegate

Pedro Sanchez

IWF WORLD CHAMPIONSHIPS

Sam Coffa – Technical Delegate

Pedro Sanchez

Bowen Stuart

OCEANIA UNDER 23 & JUNIOR & YOUTH CHAMPIONSHIPS

Sam Coffa

Paul Coffa

Andy Huynh

Eileen Cikamatana

Bowen Stuart

IWF JUNIOR WORLD CHAMPIONSHIPS

Jessica Edge

INTERNATIONAL POSITIONS

INTERNATIONAL WEIGHTLIFTING FEDERATION (2022-2024)

Paul Coffa

Member, Intercontinental Committee

Sam Coffa

Board Member, IWF Executive

Chair, IWF Technical Committee

IWF Liaison to the Commonwealth Games Federation

IWF Technical Delegate for the Victoria 2026 Commonwealth Games

Lyn Jones

Member, IWF Coaching & Research Committee

Charles Quagliata

Member, Ethics & Disciplinary Commission

Pedro Sanchez

Member, IWF Technical Committee

Lawrence Townsend

Member, IWF Anti-Doping Commission

COMMONWEALTH WEIGHTLIFTING FEDERATION (2022 – 2026)

Paul Coffa MBE

CWF General Secretary

Coral Quinell

Member, Executive Board

Dr Lisimoni Kami

Medical Committee

Michael Noonan

Statistician & Record Keeper

OCEANIA WEIGHTLIFTING FEDERATION (2022 – 2024)

Paul Coffa MBE

OWF General Secretary

Lilly Coffa

OWF Assistant Secretary

Sam Coffa

Technical Chairperson

Coral Quinell

Masters Committee Chair

Dr Lisimoni Kami

Medical Committee

ACKNOWLEDGEMENTS AND THANKS

The AWF Board of Directors recognises and thanks the members, supporters, partners and sponsors who have made significant contributions to the growth and development of the AWF in 2023:

- **Australian Sports Commission and Australian Institute of Sport** – Principal Partner funding AWF programs and high performance.
- **Commonwealth Games Australia** – supporting our athletes to prepare and compete at the 2026 Commonwealth Games.
- **Australian Olympic Committee** – supporting the Australian Team for the 2023 Pacific Games and Paris 2024 Olympic Games.
- **Sports Integrity Australia** – partners in the protection of integrity in sport.
- **International Weightlifting Federation** – creating opportunities for our athletes and coaches to compete on the world stage; and providing the AWF with development funding.
- **Oceania Weightlifting Federation** – creating opportunities for our athletes and coaches to compete in Continental events and participate in regional training camps.
- **Tonic (John Eptaminitakis)** – sponsor of the AWF’s commercial initiatives
- **Where2Travel** – meeting all the AWF representative team travel needs
- **Sylvia P** – suppliers of representative team lifting suits
- **Telstra** – keeping the AWF connected through its Network
- **Again Faster** – equipment supplier for the 2024 Australian Masters Championships
- **State Associations & Clubs** – in appreciation of all your contributions and passion in supporting members’ needs throughout Australia
- **Coaches, Officials and Administrators** - for your investment in the sport and dedication and commitment to others.
- **Athletes** – for your love of weightlifting and striving to realise your athletic potential and become role models for others to follow
- **Mr Louie Kortesis of MW Lomax** - for reliable financial advice and services





AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ACN 090 469 837

MEMBER FEDERATION OF THE INTERNATIONAL WEIGHTLIFTING FEDERATION,
COMMONWEALTH WEIGHTLIFTING FEDERATION, AND OCEANIA WEIGHTLIFTING FEDERATION

MEMBER SPORT OF THE AUSTRALIAN OLYMPIC COMMITTEE, AND COMMONWEALTH GAMES AUSTRALIA



4 September 2023



www.mwl.com.au

MWL Accounting Pty Ltd
ABN: 25 005 965 597

Mr I Moir
Australian Weightlifting Federation Ltd
5 Kelly Road
SPRING CREEK QLD 4343

Dear Ian,

**RE: FINANCIAL STATEMENTS
YEAR ENDED 30 JUNE 2023**

We enclose, for your attention, the following documents in respect of the Australian Weightlifting Federation Ltd, for the year ended 30 June 2023.

1. Financial Statements;
2. Director's Report;
3. Independent Reviewer's Report; and
4. Our invoice for professional services rendered.

The signed Financial Statements and Director's Report should be return to our office, together with payment of our invoice.

We take this opportunity to thank you for your instructions in this matter. Please contact our office should you have any queries.

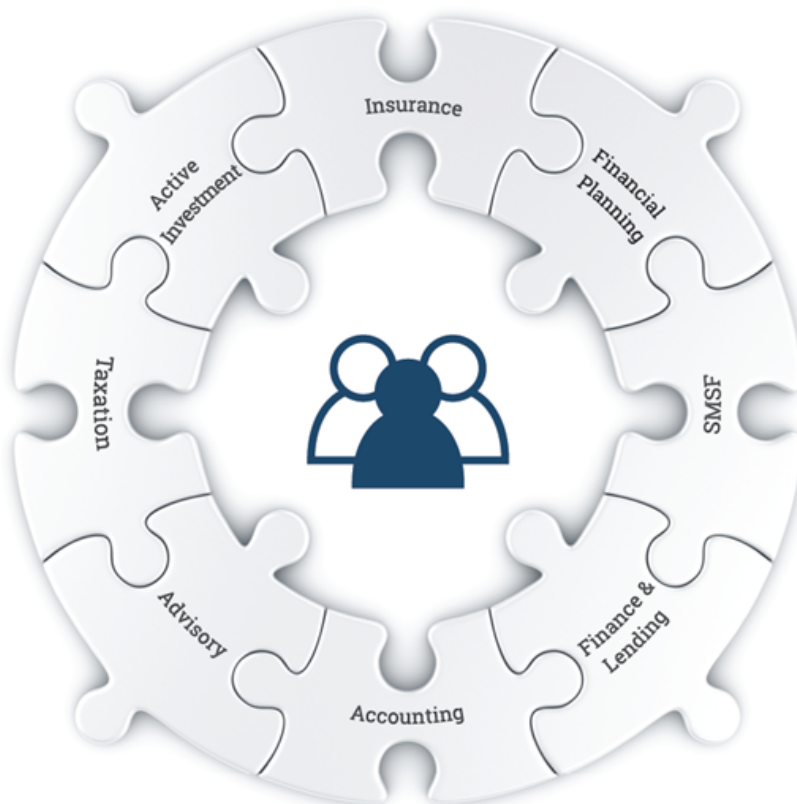
Yours sincerely,
MWL ACCOUNTING PTY LTD

Per.



AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2023



Own your success

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

CONTENTS

Director's Declaration

Directors Report

Reviewer's Independence Declaration

Statement of Profit or Loss

Statement of Comprehensive Income

Statement of Financial Position

Statement of Changes in Equity

Statement of Cashflows

Notes to the Financial Statements

Independent Reviewer's Report

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ABN 65 090 469 837

DIRECTOR'S DECLARATION

The director has determined that the company is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In accordance with a resolution of the director of Australian Weightlifting Federation Limited, the director of the company declares that:

1. the financial statements and notes as set out on pages 0 to 13 present fairly the company's financial position as at 30 June 2023 and its performance for the year ended on that date in accordance with the accounting policies outlined in Note 1 to the financial statements; and
2. in the director's opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

Director



Dated:

10/10/2023

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

DIRECTOR'S REPORT

The directors present the report on the company for the financial year ended 30 June 2023.

Directors

The names of the Directors and Alternate Directors in office at anytime during or since the end of the year are:

Directors

Sam Coffa (Chairman)

Angela Wydall

Boris Kayser

Coral Quinell

Lilly Coffa (Elected 18/11/22)

Rawena Tairi (Elected 18/11/22)

Phil Maunder (Resigned 02/11/22)

Lyn Jones (Resigned 18/11/22)

Pedro Sanchez (Resigned 18/11/22)

Chief Executive Officer

Ian Moir

The directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

Review of Operations

The profit/(Loss) of the company for the financial year after providing for income tax amounted to \$126,364.

A review of the operations of the company during the financial year and the results of those operations are as follows:

Significant Changes in the State of Affairs

No significant changes in the company's state of affairs occurred during the financial year.

Principal Activities

The principal activities include the conduct, encouragement, promotion, control and management of all levels of weightlifting in Australia interdependently with members and others. There are no significant changes in the nature of these activities occurring during the financial year

Events Subsequent to the End of the Reporting Period

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the company, the results of those operations, or the state of affairs of the company in future financial years.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

DIRECTOR'S REPORT

Likely Developments and Expected Results of Operations

Likely developments in the operations of the company and the expected results of those operations in future financial years have not been included in this report as the inclusion of such information is likely to result in unreasonable prejudice to the company.

Environmental Regulation

The company's operations are not regulated by any significant environmental regulation under a law of the Commonwealth or of a state or territory.

Dividends

No dividends have been paid or declared since the start of the financial year.

Options

No options over issued shares or interests in the company were granted during or since the end of the financial year and there were no options outstanding at the date of this report.

Indemnification of Officers

No indemnities have been given or insurance premiums paid, during or since the end of the financial year, for any person who is or has been an officer or auditor of the company.

Proceedings on Behalf of Company

No person has applied for leave of court to bring proceedings on behalf of the company or intervene in any proceedings to which the company is a party for the purpose of taking responsibility on behalf of the company for all or part of those proceedings.

The company was not a party to any such proceedings during the year.

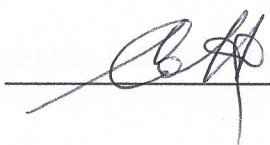
Reviewer's Independence Declaration

A copy of the reviewer's independence declaration as required under the ACNC Act is attached to this financial report.

This director's report is signed in accordance with a resolution of the directors:

Chairperson

Dated:



18/10/2023

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

**REVIEWER'S INDEPENDENCE DECLARATION UNDER
THE ACNC ACT**

**TO THE DIRECTOR OF
AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**

In accordance with the ACNC ACT, I am pleased to provide the following declaration of independence to the directors of Australian Weightlifting Federation Limited. As the lead partner for the review of the financial report of Australian Weightlifting Federation Limited for the year ended 30 June 2023, I declare that, to the best of my knowledge and belief, there have been no contraventions of:

- i. the reviewer independence requirements as set out in the ACNC Act in relation to the review; and
- ii. any applicable code of professional conduct in relation to the review.

Louie Kortesis
Institute of Public Accountants
Level 1, 574 St Kilda Road
MELBOURNE, VIC, 3004



MELBOURNE

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ABN 65 090 469 837

**STATEMENT OF PROFIT OR LOSS
FOR THE YEAR ENDED 30 JUNE 2023**

	Note	2023 \$	2022 \$
Revenue		1,101,694	862,548
Consumables used		(2,914)	(167)
Employee benefits expense		(187,408)	(145,080)
Impairment losses from financial assets		(12,391)	(10,705)
Depreciation and amortisation expenses		(2,909)	(2,923)
Other expenses		<u>(769,708)</u>	<u>(759,672)</u>
Profit (loss) before income tax		126,364	(55,999)
Income tax expense		<u>-</u>	<u>-</u>
Profit (loss) for the year		<u><u>126,364</u></u>	<u><u>(55,999)</u></u>
Profit (loss) attributable to member of the company		<u><u>126,364</u></u>	<u><u>(55,999)</u></u>

The accompanying notes form part of these financial statements.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2023

	Note	2023 \$	2022 \$
Profit (loss) for the year		126,364	(55,999)
Other comprehensive income:			
Total other comprehensive income for the year		-	-
Total comprehensive income (expense) for the year		<u>126,364</u>	<u>(55,999)</u>
Total comprehensive income (expense) attributable to member of the company		<u>126,364</u>	<u>(55,999)</u>

The accompanying notes form part of these financial statements.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**ABN 65 090 469 837****STATEMENT OF FINANCIAL POSITION****AS AT 30 JUNE 2023**

	Note	2023 \$	2022 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	2	724,917	780,383
Trade and other receivables	3	5,046	29,190
Other assets	4	87,038	74,777
TOTAL CURRENT ASSETS		817,001	884,350
NON-CURRENT ASSETS			
Property, plant and equipment	5	3,242	6,151
TOTAL NON-CURRENT ASSETS		3,242	6,151
TOTAL ASSETS		820,243	890,501
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	6	34,539	30,004
Borrowings	7	-	206,300
Provisions	8	14,724	9,581
TOTAL CURRENT LIABILITIES		49,263	245,885
TOTAL LIABILITIES		49,263	245,885
NET ASSETS		770,980	644,616
EQUITY			
Retained earnings		770,980	644,616
TOTAL EQUITY		770,980	644,616

The accompanying notes form part of these financial statements.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ABN 65 090 469 837

STATEMENT OF CHANGES IN EQUITY

FOR THE YEAR ENDED 30 JUNE 2023

	Retained Earnings \$	Total \$
Balance at 1 July 2021	700,615	700,615
Comprehensive income		
Profit (loss) for the year	<u>(55,999)[‡]</u>	<u>(55,999)</u>
Total comprehensive income for the year attributable to the member of the company	<u>(55,999)</u>	<u>(55,999)</u>
Balance at 30 June 2022	<u>644,616</u>	<u>644,616</u>
Balance at 1 July 2022	644,616	644,616
Comprehensive income		
Profit for the year	<u>126,364[‡]</u>	<u>126,364</u>
Total comprehensive income for the year attributable to the member of the company	<u>126,364</u>	<u>126,364</u>
Balance at 30 June 2023	<u>770,980</u>	<u>770,980</u>

The accompanying notes form part of these financial statements.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**ABN 65 090 469 837****STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 30 JUNE 2023**

	Note	2023 \$	2022 \$
Cash flows from operating activities			
Income from Operating Activities		1,096,149	864,638
Expenses from Operating Activities		(972,422)	(918,493)
Net cash provided by (used in) operating activities	9	123,727	(53,855)
Cash flows from investing activities			
Interest received		5,545	780
		5,545	780
Cash flows from financing activities			
(Increase)/Decrease in debtors		24,145	(21,895)
(Increase)/Decrease in financing assets		(12,261)	(38,429)
(Increase)/Decrease in fixed assets		-	(2,362)
Increase/(Decrease) in creditors		4,535	26,128
Increase/(Decrease) in provisions		5,143	5,387
Increase/(Decrease) in deferred revenue		(206,300)	81,300
		(184,738)	50,129
Net Increase/(decrease) in cash held		(55,466)	(2,946)
Cash and cash equivalents at beginning of financial year		780,383	783,329
Cash and cash equivalents at end of financial year	9	724,917	780,383

The accompanying notes form part of these financial statements.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ABN 65 090 469 837

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023**

1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The director has prepared the financial statements on the basis that the company is a non-reporting entity because there are no users dependent on general purpose financial statements. The financial statements are therefore special purpose financial statements that have been prepared in order to meet the needs of the member.

The financial statements have been prepared in accordance with the significant accounting policies disclosed below, which the director has determined are appropriate to meet the needs of the member. Such accounting policies are consistent with the previous period unless stated otherwise.

(a) Income Tax

The income tax expense (income) for the year comprises current income tax expense (income). The company does not recognise deferred tax assets and liabilities.

Current income tax expense charged to profit or loss is the tax payable on taxable income and is measured at the amounts expected to be paid to (recovered from) the relevant taxation authority.

(b) Property, Plant and Equipment

All property, plant and equipment except for freehold land and buildings are initially measured at cost and are depreciated over their useful lives to the company.

The carrying amount of plant and equipment is reviewed annually by the directors to ensure it is not in excess of the recoverable amount. The recoverable amount is assessed on the basis of expected net cash flows that will be received from the asset's employment and subsequent disposal. The expected net cash flows have been discounted to present values in determining recoverable amounts.

Freehold land and buildings are carried at their recoverable amounts, based on periodic, but at least triennial, valuations by the directors.

Depreciation

The depreciable amount of all fixed assets, including buildings and capitalised lease assets but excluding freehold land, is depreciated on a straight-line basis over the asset's useful life to the company commencing from the time the asset is held ready for use.

(c) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the

(d) Committee Reporting

The committee recognises that it is a Tier 2 reporting organisation.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ABN 65 090 469 837

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2023

(e) Revenue and other income

The core principle of AASB 15 is that revenue is recognised on a basis that reflects the transfer of promised goods or services to customers at an amount that reflects the consideration the Organisation expects to receive in exchange for those goods or services. Revenue is recognised by applying a five-step model as follows:

1. Identify the contract with the customer
2. Identify the performance obligations
3. Determine the transaction price
4. Allocate the transaction price to the performance obligations
5. Recognise revenue as and when control of the performance obligations is transferred

The revenue recognition policies for the principal revenue streams of the Organisation are affiliation fees, coaching accreditation fees, sponsorship, competition, games revenue and merchandise sales. These amounts are recognised as revenue when control of the performance obligation have been transferred.

(f) Financial instruments

Financial instruments are recognised initially on the date that the Organisation becomes party to the contractual provisions of the instrument.

On initial recognition, all financial instruments are measured at fair value plus transaction costs (except for instruments measured at fair value through profit or loss where transaction costs are expensed as incurred).

Financial assets

All recognised financial assets are subsequently measured in their entirety at either amortised cost or fair value, depending on the classification of the financial assets.

Amortised cost

Assets measured at amortised cost are financial assets where:

- the business model is to hold assets to collect contractual cash flows; and
- the contractual terms give rise on specified dates to cash flows are solely payments of principal and interest on the principal amount outstanding.

The Organisation's financial assets measured at amortised cost comprise trade and other receivables and cash and cash equivalents in the statement of financial position.

Subsequent to initial recognition, these assets are carried at amortised cost using the effective interest rate method less provision for impairment.

Interest income, foreign exchange gains or losses and impairment are recognised in profit or loss. Gain or loss on derecognition is recognised in profit or loss.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ABN 65 090 469 837

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2023

	2023 \$	2022 \$
2. CASH AND CASH EQUIVALENTS		
Deposits with savings banks	207,901	502,356
Qantas cash - BS	3,648	1,595
Qantas cash - IM	8,154	3,136
Westpac Business One	505,214	273,296
	<u>724,917</u>	<u>780,383</u>
3. TRADE AND OTHER RECEIVABLES		
CURRENT		
Trade debtors	1,228	25,373
SAWLA funds in holding	3,818	3,817
	<u>5,046</u>	<u>29,190</u>
4. OTHER ASSETS		
CURRENT		
Prepayments	32,898	20,149
Stock	54,140	54,628
	<u>87,038</u>	<u>74,777</u>
5. PROPERTY, PLANT AND EQUIPMENT		
Plant and equipment	63,146	63,146
Less accumulated depreciation	(59,904)	(56,995)
Total property, plant and equipment	<u>3,242</u>	<u>6,151</u>
6. TRADE AND OTHER PAYABLES		
CURRENT		
Good and services tax	31,190	27,309
Withholding taxes payable	2,484	2,286
Superannuation payable	865	409
	<u>34,539</u>	<u>30,004</u>
7. BORROWINGS		
CURRENT		
Prepaid Revenue	<u>-</u>	<u>206,300</u>

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**ABN 65 090 469 837****NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 30 JUNE 2023**

	2023 \$	2022 \$
8. PROVISIONS		
CURRENT		
Provision for employee entitlements	14,724	9,581
		2023 \$
Provision for employee entitlements:		
Opening balance at 1 July 2022		9,581
Additional provisions raised		5,143
Balance at 30 June 2023		14,724
9. CASH FLOW INFORMATION		
(a) Reconciliation of cash		
Cash at the end of financial year as included in the statement of cash flows is reconciled to the related items in the statement of financial position as follows:		
Westpac Business One	505,214	273,296
Qantas cash - IM	8,154	3,136
Qantas cash - BS	3,648	1,596
Westpac Term Deposit	207,901	502,355
	724,917	780,383
(b) Reconciliation of cash flow from operations with profit after income tax		
Profit after income tax	126,364	(55,999)
Non-cash flows in profit:		
Depreciation	2,909	2,923
Net cash provided by operating activities	129,273	(53,076)

10. Capital Management Policies and Procedures

The Organisation monitors capital on the basis of the carrying amount of equity, less cash and cash equivalents as presented on the face of the statement of financial position and cash flow recognised in other comprehensive income. Management assess the organisation's capital requirements in order to maintain an efficient overall financing structure while avoiding excessive leverage. This takes into account the level of the Organisation's various classes of debt. The Organisation manages the capital structure and make adjustments to it in the light of changes in economic conditions and the risk characteristics of the underlying assets.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ABN 65 090 469 837

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023**

12. Contingencies

In the opinion of the Directors, the Organisation did not have any contingencies at 30 June 2023
(30 June 2022: None)

13. Events Occurring After the Reporting Date

The financial report was authorised for issue on 1st of September 2023 by the board of directors.

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Organisation, the results of those operations, or the state of affairs of the Organisation in future financial years

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ABN 65 090 469 837

**INDEPENDENT REVIEWER'S REPORT
TO THE MEMBER OF
AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**

Report on the Audit of the Financial Report

Opinion

We have audited the financial report of Australian Weightlifting Federation Limited (the company), which comprises the statement of financial position as at 30 June 2023, the statement of profit or loss and statement of changes in equity for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the director's declaration.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the company as at 30 June 2023 and its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the company in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110: Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter - Basis of Accounting

We draw attention to Note 1 of the financial report, which describes the basis of accounting. The financial report has been prepared to satisfy the requirements of the company's constitution and meet the needs of member. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibilities of the Director for the Financial Report

The director of the company is responsible for the preparation of the financial report that gives a true and fair view and has determined that the basis of preparation described in Note 1 of the financial report is appropriate to meet the requirements of the constitution and the needs of the member. The director's responsibility also includes such internal control as the director determines is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the director is responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the director either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ABN 65 090 469 837

**INDEPENDENT REVIEWER'S REPORT
TO THE MEMBER OF
AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**

Auditor's Responsibility for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the director.
- Conclude on the appropriateness of the director's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ABN 65 090 469 837

**INDEPENDENT REVIEWER'S REPORT
TO THE MEMBER OF
AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**

We communicate with the director regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Louie Kortesis
Institute of Public Accountants
Level 1, 574 St Kilda Road
MELBOURNE, VIC, 3004



MELBOURNE

1st September, 2023