



2021 AWF NATIONAL SENIOR CHAMPIONSHIPS

Location	Sydney, NSW
Date of Competition	Thursday 9 – Saturday 11 December 2021
Competition Venue	Quaycentre, Olympic Boulevard, Sydney Olympic Park
Age Eligibility	The minimum age for participation is thirteen (13) years (Competitors must be born before or during 2008)
Minimum Qualifying Standard	Men & Women: D Grade
Qualifying Period	20 November 2020 – 24 October 2021
Categories	MEN - 55/61/67/73/81/89/96/102/109/+109 WOMEN - 45/49/55/59/64/71/76/81/87/+87
SIA Anti-Doping Education	All entrants must have completed the following courses: <ul style="list-style-type: none"> • Anti-Doping Fundamentals • Annual Update 2021 Register and complete courses online at https://elearning.sportintegrity.gov.au/
Entry Fee	\$130 per participant (incl GST).
Awards	<ul style="list-style-type: none"> • T-Shirt • Medals – Top 3 per category • Team Trophy + photograph • Prize money for Top 3 Sinclair ranked lifters
Individual Entry	Submitted to State Associations with payment by the date specified by the relevant State Association.
Preliminary Entries by State Association	Submitted ONLINE by Friday 29 October 2021
Verification of Final Entries	Final Entries must be verified no later than 12:00 noon AEST on Wednesday 8 December 2021 via the AWF Online Verification System.

Minimum Qualifying Standards			
Men		Women	
Category	Total	Category	Total
55	200	45	127
61	216	49	138
67	230	55	151
73	242	59	159
81	256	64	168
89	268	71	178
96	276	76	184
102	283	81	189
109	289	87	194
+109	311	+87	206

REGULATIONS:

- Individual entries must be submitted to the respective State Association with payment by the date specified by the State Association.

Weightlifting ACT Inc	weightliftingACT@gmail.com
Northern Territory Weightlifting Assoc Inc	office@ntwa.net.au
NSW Weightlifting Assoc Limited	info@nswweightlifting.com.au
Queensland Weightlifting Assoc Inc	qwa@qwa.org
South Australian Weightlifting Association	office@saweightlifting.org.au
Victorian Weightlifting Assoc Inc	office@vicweightlifting.com
Weightlifting Tasmania Inc	office@weightliftingtas.com
Weightlifting Western Australia Inc	secretary@wwa.org.au

- The State Association will enter all preliminary entrant and team details **ONLINE no later than Friday 29 October, 2021.**
- A link within the State Administration portal on the AWF website will be available to all State Association's prior to the submission of preliminary entries. The entry system allows States to electronically enter athletes, designate athletes as Team members or Individual competitors, and pay the sum of the entry fees to the AWF.
- Athletes may be entered and compete in the bodyweight category in which they have achieved qualification. Athletes may move up to a heavier category if they have achieved the qualifying total for that heavier category. Athletes cannot compete in a lighter bodyweight category if they have not qualified in that lighter category. Changes to the preliminary entries must be declared by the verification of final entries via the AWF online verification system **no later than 12:00 noon AEST on Wednesday 8 December 2021.**

5. Athletes must produce Photo ID at the weigh-in. Failure to produce ID will result in the athlete not being permitted to contest the event.
6. Each State Member can nominate a team of up to 10 qualified men (max 2/category) plus 2 reserves; and up to 10 qualified women (max 2/category) plus 2 reserves.
7. A State Member can enter more than 10 men provided that each lifter has achieved the minimum qualification standard in an AWF sanctioned competition during the stated qualifying period for the AWF Senior Men's Championships.
8. A State Member can enter more than 10 women provided that each lifter has achieved the minimum qualification standard in an AWF sanctioned competition during the stated qualifying period for the AWF Senior Women's Championships.
9. Where a State Member enters more than 10 qualified men and/or more than 10 qualified women, and/or more than 2 athletes in the same bodyweight category, at the Verification of Final Entries the State Member must nominate the 10 men (max 2 per category) and/or 10 women (max 2 per category) who will constitute the State Team for the AWF Senior Championships. The additional qualified lifters can compete in the Australian Senior Championships, win medals and any other individual awards, but cannot gain points for the State Team.
10. The final team submitted by each State Member consisting of a maximum of 10 men / 10 women (maximum of two competitors per category) must be declared at the verification of final entries via the AWF online verification system no later than 12:00 noon AEST on Wednesday 8 December 2021.
11. The classification of each State team is calculated by adding the points allocated to each named team competitor at final verification of entries according to the following scale:

Placing in Competition	Team Classification		Placing in Competition	Team Classification
Gold	28 points		14 th Place	12 points
Silver	25 points		15 th Place	11 points
Bronze	23 points		16 th Place	10 points
4 th Place	22 points		17 th Place	9 points
5 th Place	21 points		18 th Place	8 points
6 th Place	20 points		19 th Place	7 points
7 th Place	19 points		20 th Place	6 points
8 th Place	18 points		21 st Place	5 points
9 th Place	17 points		22 nd Place	4 points
10 th Place	16 points		23 rd Place	3 points
11 th Place	15 points		24 th Place	2 points
12 th Place	14 points		25 th Place	1 point
13 th Place	13 points			

12. **Placing & Points** will be calculated off **Totals** only.
13. Any athlete not registering a result in the Snatch **will not** be allowed to participate in the Clean & Jerk section of the competition.

14. IWF TCRR 6.6.5 (20kg Rule) will apply. The total weight of the starting attempts declared and actually taken in the Snatch and the Clean & Jerk must equal or exceed the weight of the verified Entry Total minus twenty (20) kg. Preliminary Entry Totals can be changed at the verification of final entries.

15. Prize money

Men & Women

Overall First place – \$500

Overall 2nd - \$200

Overall 3rd – \$100

Prize money will be determined by the Sinclair formula.

16. **No REFUNDS** of entry fees will be issued after the Preliminary Entry List has been published on the AWF website unless the event is cancelled by the AWF.

If government regulations, e.g. lockdown, travel restrictions, affect the event to the extent that it cannot be conducted as a face-to-face competition with all competitors in one location, it will, if possible, be conducted wholly or partially in an online format.

If the event proceeds in any format, only those entrants who are prevented from participating by government regulations may receive a refund of their entry fee. All entrants who are not prevented from participating by government regulations will not receive a refund if they choose not to participate.



AWF SENIOR CHAMPIONSHIPS
 9-11 December 2021 • Sydney, NSW
 Official Individual Entry Form

STATE / TERRITORY	
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ATHLETE NAME	
ADDRESS	
DATE OF BIRTH	
T-SHIRT SIZE	

CATEGORY ENTERED	
GENDER	

BEST OFFICIAL TOTAL DURING QUALIFYING PERIOD	
DATE ACHIEVED	

NAME OF COACH	
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Individual Entries must be received by your State Association together with payment by the date specified by your State Association.