



## 2021 AWF NATIONAL SENIOR CHAMPIONSHIPS

Location	Online
Date of Competition	Thursday 25 <sup>th</sup> – Sunday 28 <sup>th</sup> November 2021
Competition Venues	State Competition Hubs
Age Eligibility	The minimum age for participation is thirteen (13) years (Competitors must be born before or during 2008)
Minimum Qualifying Standard	Men & Women: E Grade
Qualifying Period	20 November 2020 – 24 October 2021
Categories	MEN - 55/61/67/73/81/89/96/102/109/+109 WOMEN - 45/49/55/59/64/71/76/81/87/+87
SIA Anti-Doping Education	All entrants must have completed the following courses: <ul style="list-style-type: none"> <li>• Anti-Doping Fundamentals</li> <li>• Annual Update 2021</li> </ul> Register and complete courses online at <a href="https://elearning.sportintegrity.gov.au/">https://elearning.sportintegrity.gov.au/</a>
Entry Fee	\$120 per participant (incl GST).
State Rebate	\$40 from each entry fee will be returned to the relevant State Association to assist with the costs of managing Competition Hubs
Awards	<ul style="list-style-type: none"> <li>• Medals – Top 3 per category</li> <li>• Team Trophy</li> <li>• Prize money for Top 3 Sinclair ranked lifters</li> </ul>
Individual Entry	Submitted to State Associations with payment by the date specified by the relevant State Association.
Preliminary Entries by State Association	Submitted ONLINE by Friday 29 October 2021
Verification of Final Entries	Final Entries must be verified no later than 12:00 noon AEST on Monday 15 <sup>th</sup> November 2021 via the AWF Online Verification System.

Minimum Qualifying Standards			
Men		Women	
Category	Total	Category	Total
55	188	45	120
61	203	49	129
67	216	55	142
73	227	59	149
81	240	64	157
89	251	71	167
96	259	76	172
102	265	81	177
109	271	87	182
+109	292	+87	193

## REGULATIONS:

1. Individual entries must be submitted to the respective State Association with payment by the date specified by the State Association.

Weightlifting ACT Inc	<a href="mailto:weightliftingACT@gmail.com">weightliftingACT@gmail.com</a>
Northern Territory Weightlifting Assoc Inc	<a href="mailto:office@ntwa.net.au">office@ntwa.net.au</a>
NSW Weightlifting Assoc Limited	<a href="mailto:info@nswweightlifting.com.au">info@nswweightlifting.com.au</a>
Queensland Weightlifting Assoc Inc	<a href="mailto:qwa@qwa.org">qwa@qwa.org</a>
South Australian Weightlifting Association	<a href="mailto:office@saweightlifting.org.au">office@saweightlifting.org.au</a>
Victorian Weightlifting Assoc Inc	<a href="mailto:office@vicweightlifting.com">office@vicweightlifting.com</a>
Weightlifting Tasmania Inc	<a href="mailto:office@weightliftingtas.com">office@weightliftingtas.com</a>
Weightlifting Western Australia Inc	<a href="mailto:secretary@wwa.org.au">secretary@wwa.org.au</a>

2. The State Association will enter all preliminary entrant and team details **ONLINE no later than Friday 29 October, 2021.**
3. A link within the State Administration portal on the AWF website will be available to all State Association's prior to the submission of preliminary entries. The entry system allows States to electronically enter athletes, designate athletes as Team members or Individual competitors, and pay the sum of the entry fees to the AWF.
4. Athletes must be listed in the preliminary entries in the bodyweight category in which they have achieved qualification. Entrants may move up to a heavier bodyweight category or move down to a lighter bodyweight category. Entrants do not have to have achieved a qualifying total in the final bodyweight category of choice. Changes to the preliminary entries must be declared before the deadline for verification of final entries via the AWF online verification system **no later than 12:00 noon AEST on Monday 15<sup>th</sup> November 2021.**

5. Athletes must produce Photo ID at the weigh-in. Failure to produce ID will result in the athlete not being permitted to contest the event.
6. Each State Member can nominate a team of up to 10 qualified men (max 2/category) plus 2 reserves; and up to 10 qualified women (max 2/category) plus 2 reserves.
7. A State Member can enter more than 10 men provided that each lifter has achieved the minimum qualification standard in an AWF sanctioned competition during the stated qualifying period for the AWF Senior Men's Championships.
8. A State Member can enter more than 10 women provided that each lifter has achieved the minimum qualification standard in an AWF sanctioned competition during the stated qualifying period for the AWF Senior Women's Championships.
9. Where a State Member enters more than 10 qualified men and/or more than 10 qualified women, and/or more than 2 athletes in the same bodyweight category, at the Verification of Final Entries the State Member must nominate the 10 men (max 2 per category) and/or 10 women (max 2 per category) who will constitute the State Team for the AWF Senior Championships. The additional qualified lifters can compete in the Australian Senior Championships, win medals and any other individual awards, but cannot gain points for the State Team.
10. The final team submitted by each State Member consisting of a maximum of 10 men / 10 women (maximum of two competitors per category) must be declared at the verification of final entries via the AWF online verification system no later than 12:00 noon AEST on Monday 15<sup>th</sup> November 2021.
11. The classification of each State team is calculated by adding the points allocated to each named team competitor at final verification of entries according to the following scale:

Placing in Competition	Team Classification		Placing in Competition	Team Classification
Gold	28 points		14 <sup>th</sup> Place	12 points
Silver	25 points		15 <sup>th</sup> Place	11 points
Bronze	23 points		16 <sup>th</sup> Place	10 points
4 <sup>th</sup> Place	22 points		17 <sup>th</sup> Place	9 points
5 <sup>th</sup> Place	21 points		18 <sup>th</sup> Place	8 points
6 <sup>th</sup> Place	20 points		19 <sup>th</sup> Place	7 points
7 <sup>th</sup> Place	19 points		20 <sup>th</sup> Place	6 points
8 <sup>th</sup> Place	18 points		21 <sup>st</sup> Place	5 points
9 <sup>th</sup> Place	17 points		22 <sup>nd</sup> Place	4 points
10 <sup>th</sup> Place	16 points		23 <sup>rd</sup> Place	3 points
11 <sup>th</sup> Place	15 points		24 <sup>th</sup> Place	2 points
12 <sup>th</sup> Place	14 points		25 <sup>th</sup> Place	1 point
13 <sup>th</sup> Place	13 points			

12. **Placing & Points** will be calculated off **Totals** only.
13. Any athlete not registering a result in the Snatch **will not** be allowed to participate in the Clean & Jerk section of the competition.

14. IWF TCRR 6.6.5 (20kg Rule) will apply. The total weight of the starting attempts declared and actually taken in the Snatch and the Clean & Jerk must equal or exceed the weight of the verified Entry Total minus twenty (20) kg. Preliminary Entry Totals can be changed at the verification of final entries.

**15. Prize money**

Men & Women

Overall First place – \$500

Overall 2nd - \$200

Overall 3rd – \$100

**Prize money will be determined by the Sinclair formula.**

16. **No REFUNDS** of entry fees will be issued after the Preliminary Entry List has been published on the AWF website unless the event is cancelled by the AWF.

The competition will be conducted from Competition Hubs managed by each State or Territory Weightlifting Association. Competition Hubs must meet the minimum facility and equipment standards for online championships and be approved by the AWF.

If government regulations, e.g. stay-at-home orders or restrictions on indoor sport, prevent any entrants from attending a Competition Hub they may compete from another location provided that the minimum equipment standards are met. Entrants who are not prevented from attending a Competition Hub by government regulations may not compete from another location.

17. The competition will be conducted according to the AWF Online Competition Regulations.



## AWF SENIOR CHAMPIONSHIPS

25 – 28 November 2021 • Online  
Official Individual Entry Form

<b>STATE / TERRITORY</b>	
--------------------------	--

<b>ATHLETE NAME</b>	
<b>ADDRESS</b>	
<b>DATE OF BIRTH</b>	

<b>CATEGORY ENTERED</b>	
<b>GENDER</b>	

<b>BEST OFFICIAL TOTAL DURING QUALIFYING PERIOD</b>	
<b>DATE ACHIEVED</b>	

<b>NAME OF COACH</b>	
----------------------	--

Individual Entries must be received by your State Association together with payment by the date specified by your State Association.

Entry fee: \$120.00